COSMOPOLITAN

THE TRAVEL ISSUE

WHERE TO GO, WHAT TO WEAR, HOW TO NOT HATE THE MIDDLE SEAT

RELATED: YOUR 2022 HOROSCOPE SAYS

THIS YEAR WON'T ACTUALLY SUCK!

FROM A BIG MARVEL BREAK TO MAJOR NEW MUSIC, IT'S

HAILEE STEINFELD'S MOMENT

SPECIAL SEXY FICTION TIME

OBSESSED WITH 'WE WERE NEVER HERE'? WE HAVE THE MISSING PART OF THE STORY

WOULDYA LOOK AT THAT

A SCIENTIFIC REASON MEN GHOST YOU AFTER 3 MONTHS

VISIT…

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PARIS
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december/ january

The travel issue!
~SEE STORIES THROUGHOUT~

cover stories

60 Wouldya look at that? A scientific reason men ghost you after 3 months

66 From a big Marvel break to major new music, it's Hailee Steinfeld's moment

74 Special sexy fiction time

inside

10 fashion
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on the cover

Natalia Fedner dress and bikini set. Cartier earrings. Mimi So ring.

Hair: Luke Chamberlain. Makeup: Kristine Studden. Set design: Brian Crumley for Rob Strauss Studio. Production: Crawford & Co Productions. Location: Brooklyn Point, brooklynpointnyc.com. To get Hailee's look, try Dior Forever 24H Wear High Perfection Matte Foundation, Dior Forever Natural Bronze Healthy Glow Bronzing Powder, Dior Backstage Eye Palette in Bronze Neutrals, Diorshow Kabuki Brow Styler, and Rouge Dior Ultra Rouge Ultra Pigmented Hydra Lipstick in Ultra Feminine, all by Dior Beauty.

cover photograph by
ELLEN VON UNWERTH

cover fashion by
CASSIE ANDERSON

80

UP IN THE AIR: YOUR 2021 HOLIDAY GIFT GUIDE

JAMIE CHUNG.

SHINE BRIGHT THIS SEASON!
TO: MY HAIR
♥: ME
renewing +
argan oil of morocco
EXTRA PENETRATING OIL
dry & coarse hair
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Our issue by the numbers

What it took to make this mag.

By **MARIAH SCHLOSSMANN**

20 hopeful editors who conducted

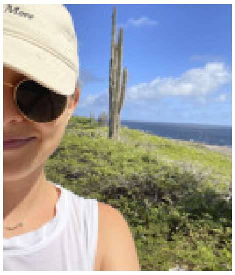
3 months of research that became

1 whole inspo-filled magazine that is

OUR FIRST-EVER TRAVEL ISSUE!

Read it here and go to Cosmopolitan.com/travel—so that you're ready when, well, you're ready to get back out there.

1 vacation that made this editor a solo-travel enthusiast (page 43).



Always aspiring to look this cute while traveling.

24 very good *Cosmo* pets who are thrilled about the chic gifts on pages 85 and 87.

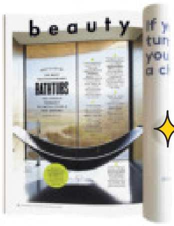
19 meetings attended from...not home. ;)

7 ACCESSORIES THAT ENSURE YOU'LL *NEVER* LOSE YOUR AIRPODS EN ROUTE AGAIN (PAGE 17).

6 middle-seat loyalists who swear by the hacks on page 40.

109 ✈️ **emojis sent over Slack.**

531 flight delays we're blaming on A-listers. The proof, page 36.



5 bathtubs from around the world that have absolutely haunted our dreams with their beauty (page 18).

13 EXTREMELY EAGER STAFFERS WHO SAVED PAGE 42 FOR THEIR NEXT VACATION. YES, BEFORE IT EVEN WENT TO THE PRINTER!

DOG IN PURSE: STUDIO FIRMA/STOCKSY. MIDDLE-SEAT ILLUSTRATION: EIRIAN CHAPMAN. AIRPODS: ALINA BUZUNOVA/EYEEM/GETTY IMAGES. OERMAN: COURTESY.

with
Gain
scent
Fresh Step
febreze
freshness
Gain
scent

HECKIN’ GÜD

/ hek-in good /
adj.

Used to describe that which is extremely desirable or enjoyable. As in, *“The hooman thinks Fresh Step with Febreze Freshness and Gain Scent smells HECKIN’ GÜD.”*

FEBREZE 10-DAY ODOR CONTROL
FRESH STEP *We Speak Cat*

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Screaming bc it's actually 40 degrees up here!

Questions from the editor

Hailee Steinfeld is, as an older-fashioned magazine might say, "scantily clad" on the edge of an outdoor pool deck 68 stories in the air, and there is a very strong breeze. More like a wind. And it's *freezing*.

Today is the day of Hailee's cover shoot, and this is our second time seeing each other—we'd spent the morning at Fashion Week (that's us at Michael Kors in our coincidentally coordinating animal prints), chatting about work, travel (this is, after all, our travel issue), astrology, and my nerdy obsession with her show *Dickinson*. We did not, however, talk about the fact that I'd ask her to get into a cold pool on a Brooklyn rooftop later that day, or to share some extra scoop with us at right. Lucky for me—and for us all, really—Hailee is an epically good sport.

Jessica Pels
Editor-in-chief
@Jessica_Pels

the cosmo quiz

SUN + MOON + RISING SIGNS...

Sun is in Sagittarius
Moon is in Capricorn
Rising is in Sagittarius

...AND WHETHER THOSE EXPLAIN EVERYTHING ABOUT ME

Nothing could ever explain everything about me...

THE LAST SCREENSHOT IN MY CAMERA ROLL

A list of Cher's pet peeves

FOOD COMBO THAT I LOVE BUT EVERYONE ELSE THINKS IS GROSS

French fries + Vanilla ice cream
Don't @ me

SOMETHING I'VE ACTUALLY COMPLETED ON MY BUCKET LIST

Hugged Oprah ✓

MY GO-TO AIRPORT SNACK

Pretzels, baby

ONE THING I'VE LEARNED ABOUT LOVE

It's complicated.

WHAT ALWAYS GOES WITH ME FROM BAG TO BAG

Hand sanny

IF I COULD ASK MY PET ONE QUESTION, IT WOULD BE

"Do you know that I love you so much? And that you're my world?"

I love you forever.
Thank you for everything

♡ Hailee

STEINFELD: ELLEN VON UNWERTH; FASHION BY CASSIE ANDERSON. STELLA MCCARTNEY DRESS. CARTIER EARRINGS AND RINGS. PELS AND STEINFELD: GETTY IMAGES.

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No, unfortunately,
XXL flowers can't
replace SPF.

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So how exactly do we feel about traveling again?

Now presenting: the vacay temp check.

By ANNABEL IWEGBUE

sets reminder to look up trip insurance

First up, do you have any trips planned for 2022?

43% I'd like to, but nothing's set in stone.

35% Yes!

22% Nope. I'm still not comfortable traveling.

If yes (or soon-to-be yes), where are you headed?

43% Somewhere international, depending on restrictions.

27% A luxe resort vacay. I need to just chill out.

21% A city excursion.

9% A cross-country road trip.

Any special reason for your vacay?

63% Nah, just *because*.

19% I'm finally going on my rescheduled trip from 2020.

18% A wedding/bach party.

What precautions will you take while traveling? (Check all that apply.)

86% Getting vaccinated.

82% Masking up.

63% Testing.

37% Creating a social-distancing-friendly itinerary.

22% Quarantining before and after.

And how much money do you plan to drop?

58% $500 to $2,000.

21% Under $500.

21% More than $2,000.

Just curious, did you buy travel insurance?

70% Nah.

30% Yup, had to, JIC.

Generally, would you rather visit places that require all travelers to be vaxxed?

78% Hard yes.

22% I don't really care.

Last Q: How concerned are you about getting COVID-19 while traveling?

51% Stressed.

49% Not very.

IMAGE SOURCE/GETTY IMAGES.

From Team Cosmo

you should join

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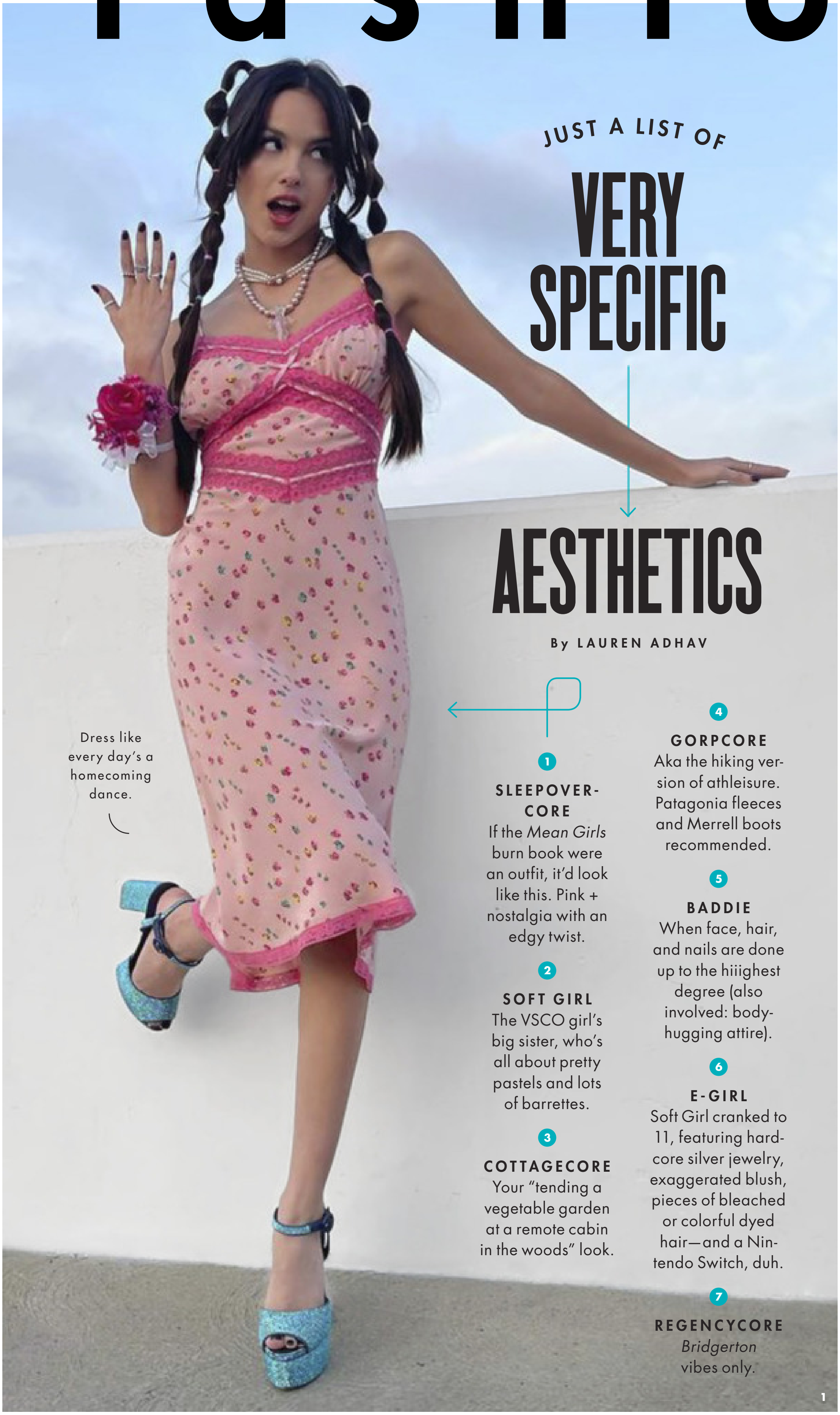


1

JUST A LIST OF VERY SPECIFIC AESTHETICS

By LAUREN ADHAV

Dress like every day's a homecoming dance.

①

SLEEPOVER-CORE
If the *Mean Girls* burn book were an outfit, it'd look like this. Pink + nostalgia with an edgy twist.

②

SOFT GIRL
The VSCO girl's big sister, who's all about pretty pastels and lots of barrettes.

③

COTTAGECORE
Your "tending a vegetable garden at a remote cabin in the woods" look.

④

GORPCORE
Aka the hiking version of athleisure. Patagonia fleeces and Merrell boots recommended.

⑤

BADDIE
When face, hair, and nails are done up to the hiiighest degree (also involved: body-hugging attire).

⑥

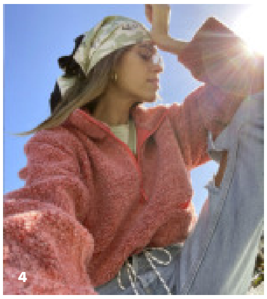
E-GIRL
Soft Girl cranked to 11, featuring hardcore silver jewelry, exaggerated blush, pieces of bleached or colorful dyed hair—and a Nintendo Switch, duh.

⑦

REGENCYCORE
Bridgerton vibes only.

2

3



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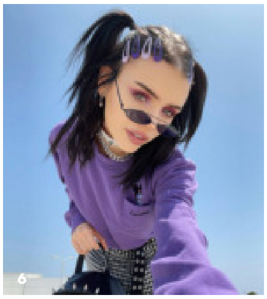

6

7

CLOCKWISE FROM TOP LEFT: BAUERGRIFFIN.COM; MECCA JAMES-WILLIAMS/@MECCAJW, PHOTOGRAPHED BY CHRISTIAN CODY; @THEDOCTORETTE/NICOLE CRANLEY/WEARING MEADOW DRESS IN GOLDEN POLLINATOR GARDEN (CHRISTY DAWN), PHOTOGRAPHED BY @THREEREGIONNC/THREE REGION PHOTOGRAPHY; KENDALL CHASE/@CHASINGKENDALL; BAUERGRIFFIN.COM; XOWIE JONES/@XOWIEJONES; COURTESY DÔEN.

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Jedora creates a personalized shopping experience so you can discover the jewelry, gemstones, and watches that best fit your style—all in one place. *Let's go!*

Jedora

JEDORA.COM

So you wanna start shopping vintage

Here's ev-er-y-thing you need to know.

By RACHEL TORGERSON

ICYMI, nostalgia-inspired trends have taken over your feeds and favorite stores. And there's no better way to be of the moment, style-wise, than to embrace the revival of '60s, '70s, '90s, and early-'00s fashion—by wearing actual pieces from those eras.

Mostly because thrifted items have character and history, which gives them an edge over modern recreations. But also because true vintage finds involve a much more sustainable type of shopping (read: secondhand) *and* come with the bonus of usually being way cheaper.

All great, I know! The process can be a little complicated, though, and does require some planning. Which I've pretty much done for you—right this way, my vintage-curious friends....

What to look for

The first thing you're gonna need is a whole lot of patience. So put your instant-gratification cravings aside because this sitch is the opposite of typing "green baguette bag" into the Goog and finding exactly what you want. It may take months to score the perfect vintage haul.

PRIORITY SKIRTS
WOMENS

These bins aren't ready for your new secondhand skills!

IRL stores to try

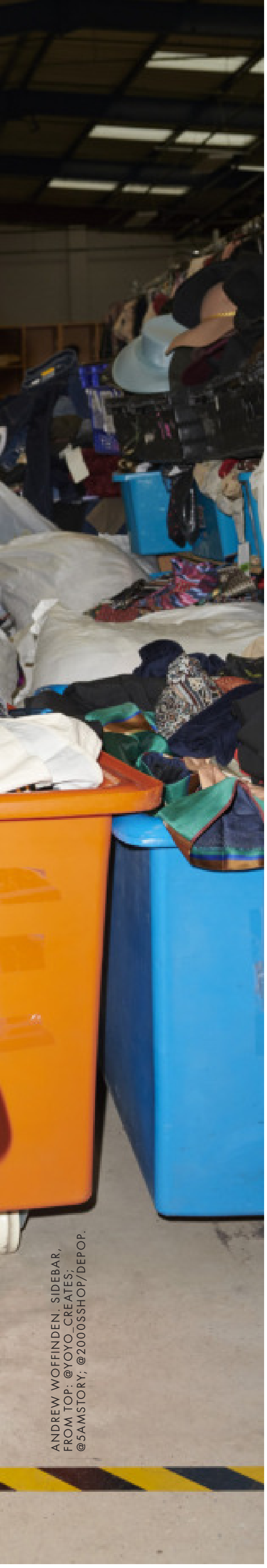
No matter where you live, there's a shop for you.

What Goes Around Comes Around In L.A. or NYC? You can shop tons of luxe items in great condition here. (For everyone else, it has a website too!)

Buffalo Exchange It's all across the South and California and in NYC. Look for tons of contemporary brands like American Eagle. You can also sell or trade in your own clothes.

Plato's Closet Basically just like Buffalo Exchange but concentrated on the coasts and in the Midwest. You can also get $ back for your own things here.

Crossroads Trading Co. Find name-brand and designer pieces for super-affordable prices at locations across the U.S.



ANDREW WOFFINDEN. SIDEBAR, FROM TOP: @YOYO_CREATES; @5AMSTORY; @2000SSHOP/DEPOP.

Local boutiques
Don't be shy—look up "vintage boutiques near me" and make a whole day of it. They often have some of the most unique items.

The best thing you can do ahead of time is identify which Olde Vibe you're looking for versus narrowing in on one specific item. Curating style boards on Pinterest or hanging in Insta's Explore tab can help you determine the kinds of outfits and moods you're into. You might decide you love a certain brand's aesthetic, or maybe you're just very, very into silky button-up shirts (tbh, who could blame you?). Once you've locked that in, you can start actively shopping.

Your ideal retro wardrobe is about to come together. Let's celebrate!

Where to shop

Going in person—safely, duh, we're still in a pandemic—is the best way to determine the quality of the clothing you're buying. (Scoot your eyes down and to the left for a few store ideas, although don't sleep on estate sales either—head to EstateSales.net to find ones happening in your area.) You can inspect seams, zippers, and fabric condition with your own eyes and, of course, make sure everything fits how you want it to.

If you can't shop IRL, there's always the interwebs. Hit up Depop, ThredUp, eBay, Poshmark, and ASOS Marketplace (and/or The RealReal, if you're fancy). There are also lots of people who sell directly from Instagram and have one-off sites where you can sniff out great finds (search for IG handles with the word "vintage" in them to dig up these hidden gems).

As with everything online, you should go very deep on reviews and customer comments to make sure you're getting quality stuff and not falling prey to a scam.

How to do it right

Shopping vintage is obviously awesome, but it does present some ethical issues. The biggest way to avoid those: Don't buy clothes that are intended for other people.

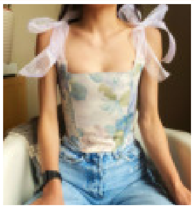
Browse within your own size range when possible instead of taking something way larger and reworking it into something way smaller. (Doing minor tailoring to a piece that's already close to your size is just fine.)

Also, try to buy within your own community versus driving long distances to find fresh styles. Secondhand shopping is how many people can afford to get chic clothes at all, but because of how popular thrifting has become, some neighborhood stores have begun to raise prices—and even their least expensive inventory is often bought out by vintage resellers who then upcharge for their wares.

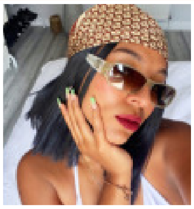
All this can price people out of the thrifting game entirely, which is so not the goal here. That's why shopping vintage requires real thought, consideration, and compassion—and now that you know how to do it responsibly, it's time to get out there. Here's to your fab new wardrobe and the ability to say, "Oh, this? It's vintage."

SOME POPULAR TRENDS FOR INSPO

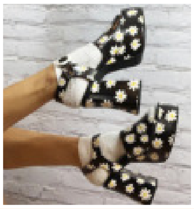
Oooh, so good!



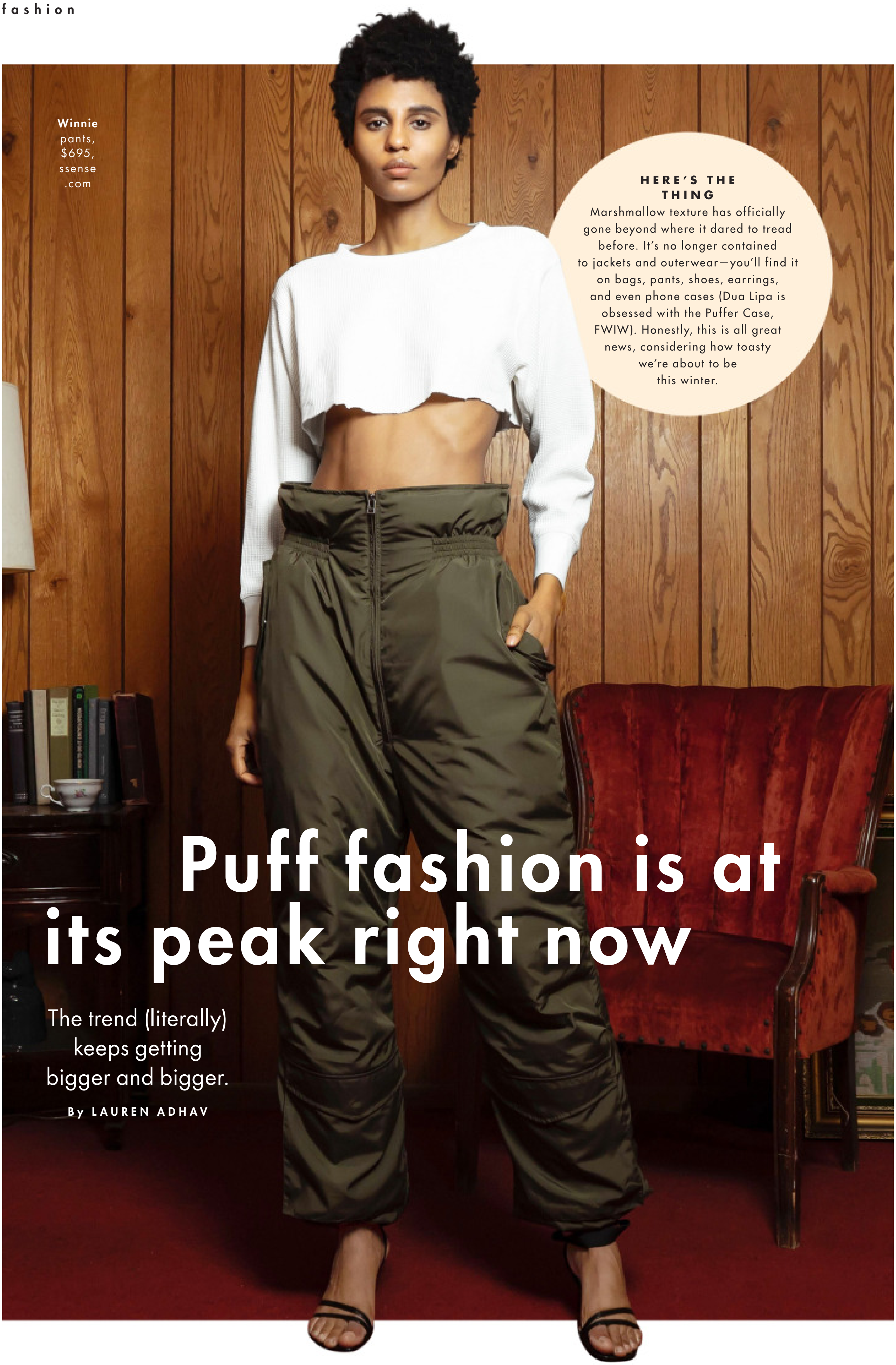
CORSET TOPS
Regencycore babes from page 10, these pieces are for you. They look incredible dressed up or down.



'90s ACCESSORIES
The more logos and hard angles, the better. These will amp up almost any basic outfit.



SKY-HIGH PLATFORMS
TALL is the order of the day, folks. Any look becomes a statement paired with these cuties.



Winnie pants, $695, ssense.com

Puff fashion is at its peak right now

The trend (literally) keeps getting bigger and bigger.

By **LAUREN ADHAV**

HERE'S THE THING

Marshmallow texture has officially gone beyond where it dared to tread before. It's no longer contained to jackets and outerwear—you'll find it on bags, pants, shoes, earrings, and even phone cases (Dua Lipa is obsessed with the Puffer Case, FWIW). Honestly, this is all great news, considering how toasty we're about to be this winter.

COURTESY WINNIE.

Kangol hat, $73, kangol .com

Frame sleeveless puffer, $598, framestore.com

Fine, not puffy, but they totally fit the vibe.

Stephen + Antonio sunglasses, $65, stephenantonio.com

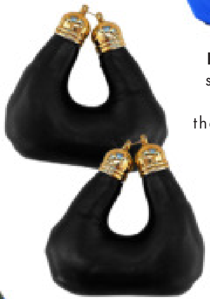
THE PUFFER CASE
urban

Urban Sophistication phone case, $65, urbansophistication.boutique

Rag & Bone joggers, $425, rag-bone .com

Magda Butrym jacket, $2,030, magdabutrym.com

Pangaia slippers, $125, thepangaia .com



Balmain earrings, $495, balmain .com

Ganni shorts, $235, ganni .com

Super World for Aritzia mittens, $45, aritzia .com

Kule scarf, $148, kule.com

Daily Paper jacket, $253, dailypaperclothing.com

Giaborghini boots, $458, intermixonline.com

Boyy bag, $410, boyy.com

Attn! These chic wraps double as blankets for any freezing flight

Why are airplanes so chilly?!?!

By LAUREN ADHAV

Isabel Marant Étoile, $770, farfetch.com

Zara, $70, zara.com

Arch4, $1,110, net-a-porter.com

A little fringe adds dramatic ~movement~ to the look.

Whistles, $699, whistles.com

Rag & Bone, $395, rag-bone.com

Don't forget about your feet!

Because what are thick socks if not cozy blankets for your toes?

Brother Vellies socks, $35, brothervellies.com

La Méricaine, $296, la-mericaine.com

COURTESY WHISTLES.

VERSACE
VERSACE
BRIGHT CRYSTAL
VERSACE

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VERSACE BRIGHT CRYSTAL

VERSACE

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VERSACE YELLOW DIAMOND

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BRIGHT CRYSTAL
ABSOLU
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YELLOW DIAMOND
VERSACE
CRYSTAL NOIR
VERSACE
BRIGHT CRYSTAL

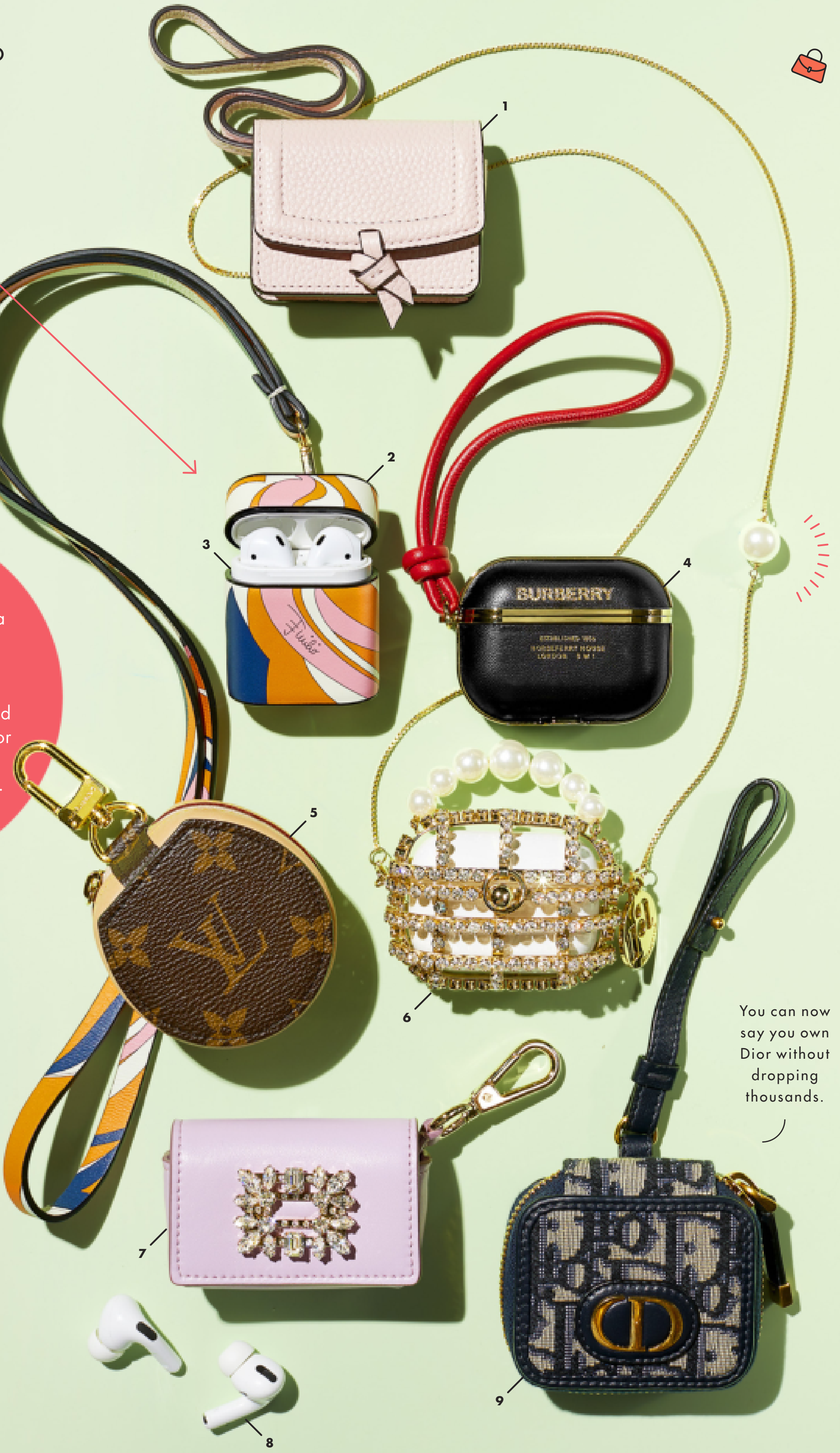
BELK DILLARD'S MACY'S

LIFT HERE TO EXPERIENCE ▶
VERSACE CRYSTAL NOIR

AirPods cases now look like cool lil baby purses

Fact: Your earbuds deserve to travel in style.

By LAUREN ADHAV



LET US EXPLAIN!

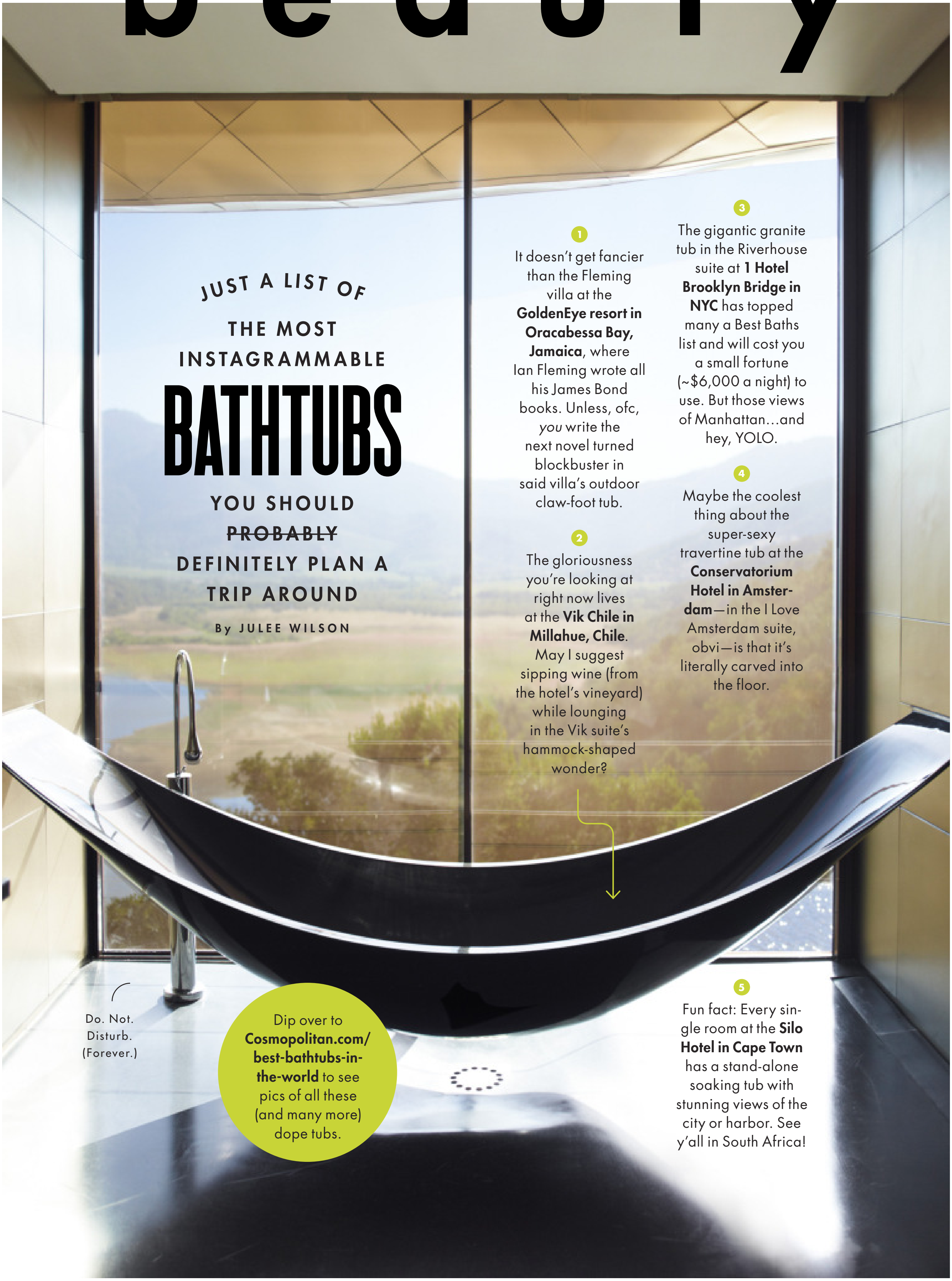
Yes, this situation may seem a little extra—but these teeny bags both protect your Pods and save lots of time for you (read: no more digging around in your actual purse for them or losing one earbud entirely). So, bougie *and* functional. You're very welcome.

1. **Kate Spade New York**, $65, katespade.com. 2. **Emilio Pucci**, $275, emiliopucci.com. 3. **Apple** AirPods, $129, apple.com. 4. **Burberry**, $440, burberry.com. 5. **Louis Vuitton**, $565, louisvuitton.com. 6. **Rosantica**, $560, rosantica.com. 7. **Roger Vivier**, $775, rogervivier.com. 8. **Apple** AirPods Pro, $249, apple.com. 9. **Dior**, $510, Dior boutiques nationwide.

You can now say you own Dior without dropping thousands.

STYLIST: MIAKO KATOH.

Photograph by DANIELLE DALY



JUST A LIST OF THE MOST INSTAGRAMMABLE BATHTUBS YOU SHOULD ~~PROBABLY~~ DEFINITELY PLAN A TRIP AROUND

By JULEE WILSON

① It doesn't get fancier than the Fleming villa at the **GoldenEye resort in Oracabessa Bay, Jamaica**, where Ian Fleming wrote all his James Bond books. Unless, ofc, *you* write the next novel turned blockbuster in said villa's outdoor claw-foot tub.

② The gloriousness you're looking at right now lives at the **Vik Chile in Millahue, Chile**. May I suggest sipping wine (from the hotel's vineyard) while lounging in the Vik suite's hammock-shaped wonder?

③ The gigantic granite tub in the Riverhouse suite at **1 Hotel Brooklyn Bridge in NYC** has topped many a Best Baths list and will cost you a small fortune (~$6,000 a night) to use. But those views of Manhattan...and hey, YOLO.

④ Maybe the coolest thing about the super-sexy travertine tub at the **Conservatorium Hotel in Amsterdam**—in the I Love Amsterdam suite, obvi—is that it's literally carved into the floor.

⑤ Fun fact: Every single room at the **Silo Hotel in Cape Town** has a stand-alone soaking tub with stunning views of the city or harbor. See y'all in South Africa!

Do. Not.
Disturb.
(Forever.)

Dip over to **Cosmopolitan.com/best-bathtubs-in-the-world** to see pics of all these (and many more) dope tubs.

ERIC PIASECKI/OTTO.

COSMOSun
by COSMOPOLITAN
glow with the faux
INSTANT BODY BRONZER | AFTERSUN MOISTURIZER | SUN LOTION WITH SHIMMER | SUNLESS MOUSSE | OVERNIGHT SUNLESS LOTION
amazon.com
AMAZON.COSMOSUNBYCOSMO.COM
SUN LOTION WITH SHIMMER
INSTANT BODY BRONZER
LIQUID SUNSHINE
SUNLESS MOUSSE
OVERNIGHT SUNLESS LOTION

The ideal spa getaway for

THE BEST FOR

A GROWN-UP GIRLS' TRIP

FOUR SEASONS RESORT AT COSTA PALMAS • LOS CABOS, MEXICO

"There comes a point in every badass gal's life when a girls' trip needs to be more restful than rager. I'm there...proudly. And tbh, it's still F-U-N! I proved the point while escaping to this super-luxe resort on the East Cape of Los Cabos with two of my closest sister-friends. We relaxed at our suite, walked along the shore of the Sea of Cortez, ate the freshest seafood, took a sunset ATV ride, and drank plenty of tequila (sans an overcrowded nightclub). And lest we forget, the spa offers a two-day Tata Harper Sensorial Beauty Retreat. The farm-to-face beauty brand curated an experience that includes a massage, a facial, sunrise yoga, and sound meditation. See what I mean? Being grown is the best!"

—JULEE WILSON, beauty director

THE BEST FOR

A RIDICULOUSLY ROMANTIC BAECATION

CHATHAM BARS INN • CHATHAM, MASSACHUSETTS

"All I wanted was quiet time to do nothing but sit, occasionally get rubbed down, frequently drink and eat, disconnect from society, and reconnect with my partner. What I got: all of that and more. Not only was our adults-only suite equipped with its own fireplace, wooden sauna (!), steam shower, and hydrotherapy tub, but it was also steps away from the spa, where we had a couples massage that was, to quote queen Lizzie McGuire, 'what dreams are made of.' It felt like coming up for air for the first time in years, together. By the time we checked out, our bodies were molasses and our brains were blissed. It's no surprise that engagements happen here on the daily... ahem."

—CHLOE METZGER, deputy beauty director

your ~vibe~

For, you know, when you and yours are ready to treat yourselves to a long weekend again.

THE BEST FOR

A SOLO ESCAPE WITH A SIDE OF SWEAT

OJAI VALLEY INN • OJAI, CALIFORNIA

"This place oozes nature-y, good-for-you vibes and I loved every single second of it. My days were filled with long morning hikes in the nearby Los Padres National Forest, dips in the Indigo Pool, and, of course, spa time. The spa itself is huge—complete with all the stuff you'd expect plus two pools, a café, and a ton of places to cozy up in a robe and zen out. I opted for a 60-minute CBD massage and the spa pedi, which is performed dry (IYKYK) and with surgical precision. The most memorable part of the trip was something called 'pink moment'—it's unique to the Ojai Valley, the time just before sunset when the sky is cast in a pinkish, purple glow. It is truly magical and pairs perfectly with a big glass of California wine."

—LAUREN BALSAMO,
deputy beauty director

THE BEST FOR

A FANCY MOMENT TO BOND WITH MOM

LITTLE PALM ISLAND RESORT & SPA • LITTLE TORCH KEY, FLORIDA

"It took me about two and a half seconds to realize I get my love of fancy spa treatments from my mom. We looked at the menu and immediately decided on the Royal Treatment: a 110-minute extravaganza that kicks off with an abhyanga oil massage (the fast circular movements are known to shift and release energy) followed by full-body exfoliation. And just when I thought the whole thing couldn't get dreamier, our therapists opened the double doors to a private patio with an outdoor shower, a warm bath, and herbal tea. It was so damn relaxing—but we still decided to spend the rest of the day paddleboarding, devouring key lime pie, and reading by the pool. Sry to my sister, bc I'm officially my mom's favorite now."

—RUBY BUDDEMEYER,
beauty editor

COURTESY HOTELS AND COSMO STAFFERS.

P.S. The editors in this story received free stays, meals, and treatments at these resorts (work perks!) in order to write their reviews.

ADVERTISEMENT

Winning Winter Skin

Go for the gold in cold weather body care with these tips from snowboarder **Maddie Mastro**.

Just think about the beating your skin takes in the winter. Now imagine if you were outside in the mountains all season long. That's exactly what professional snowboarder Maddie Mastro does. The champ is currently training in Europe for the winter Olympics coming up this February, so she relies on Olay to keep her skin soft, safe, and strong. Mastro spills how she protects her skin during the harsh winter months and stays focused on the slopes.

▶ Since you're constantly exposed to harsh weather, how do you nourish your skin?

Traveling all the time to different high elevated towns that are dry, I rely on the Olay Cleansing & Firming Body Wash with Collagen and Vitamin B3 Complex to help keep my skin hydrated and soft. It leaves my skin feeling rejuvenated, clean, and moisturized even after long days in freezing cold weather, which is precisely what I need. The fragrance is a natural fresh scent that I love.

▶ Why is having a body and skincare regimen important to you?

Having confidence is important to me when I'm standing at the top of the halfpipe and about to drop in for a contest. Finding that confidence for me starts with being confident in my skin. Having a consistent body and skincare regimen and routine is key to keeping my skin healthy, and in exchange, it gives me confidence. I feel my best when my skin is at its best.

▶ Do you consider nourishing your skin to be part of your self-care routine?

As an athlete, a big part of my self-care is the physical and mental aspects of the sport. In addition, my skincare routine is essential to my overall self-care. And that's one of the reasons why I love Olay products; the variety and quality of products make it seamless to incorporate into my routine. Simple little things like watching my favorite TV show, reading a good book, and taking a nap are easy ways to prioritize my mental health.

▶ What do you think about when you're out on the slopes?

When I'm riding, I'm focused on my tricks and my training while not taking things too seriously. I started snowboarding simply because it was fun, and just because it is my job doesn't mean it shouldn't be fun anymore. Riding with my friends, laughing and joking, and enjoying my time on the mountain is always my priority.

WINTER SKIN WARRIOR

The Olay Cleansing & Firming Body Wash with Collagen and Vitamin B3 Complex keeps Mastro's complexion healthy on and off the slopes. It works into a luxe lather to deeply hydrate even the driest skin, leaving it firmer and younger looking, and nourishes with **collagen and** a vitamin **B3 complex.**

OLAY
COLLAGEN
CLEANSING & FIRMING
BODY WASH
17.9 FL OZ (530 ml)

OLAY
BODY

IMPROVES SKIN

3X BETTER*

Infused with prestige skin care ingredients Collagen + Vitamin B3 Complex, Olay Body Wash hydrates to transform skin from dry and dull to firm and radiant.

OLAY
CLEANSING & FIRMING
B3
+ COLLAGEN
BODY WASH

Scan to buy
no app needed

Hover phone camera
over code

OLAY
BODY

*vs. leading body wash. After 12 days, based on clinical moisture retention data.

The must-try list

What deputy beauty director **Lauren Balsamo** is obsessing over right now.

Bumble and bumble
Bb.
Hairdresser's Invisible Oil
Ultra Rich
TREATMENT HYALURONIC LOTION
TOWER 28
SunnyDays
BROAD SPECTRUM SPF 30 TINTED SUNSCREEN
DOCTOR ROGERS
RESTORE
BODY WASH
BODY WASH GEL DOUCHE
236 ml / 8.0 fl. oz.

A smoothing HAIR LOTION

"This leave-in is nothing short of a miracle for my straw-like hair on air-dry days. It uses hyaluronic acid (yes, the very same hydrating super-ingredient from your fave skincare products) and multiple oils to moisturize, soften, and flatten frizz."

Bumble and Bumble Hairdresser's Invisible Oil Ultra Rich Hyaluronic Treatment Lotion, $45, sephora.com

The lightest-weight TINTED SUNSCREEN

"I hate anything thick or heavy on my face, which explains my love for this SPF 30. It has a serum-y texture that feels like nothing and blends in seconds—plus it's actually pigmented enough to fully cover my redness and acne scars."

Tower 28 SunnyDays Broad Spectrum SPF 30 Tinted Sunscreen, $30, tower28beauty.com

LAUREN BALSAMO

This hydrating BODY WASH

"True story: I washed *and* shaved with this in the shower and skipped body lotion afterward, and I swear my skin wasn't even the *slightest* bit dry or flaky. It's sulfate-free, fragrance-free, and incredibly moisturizing too."

Doctor Rogers Restore Body Wash, $46, doctorrogers.com

Not gonna lie, the v chic packaging doesn't hurt either.

PROP STYLIST: MARIANA VERA AT HALLEY RESOURCES.

Photograph by COREY MAYWALT Illustration by SARAH MADDEN

SUSTAINABILITY, SIMPLIFIED

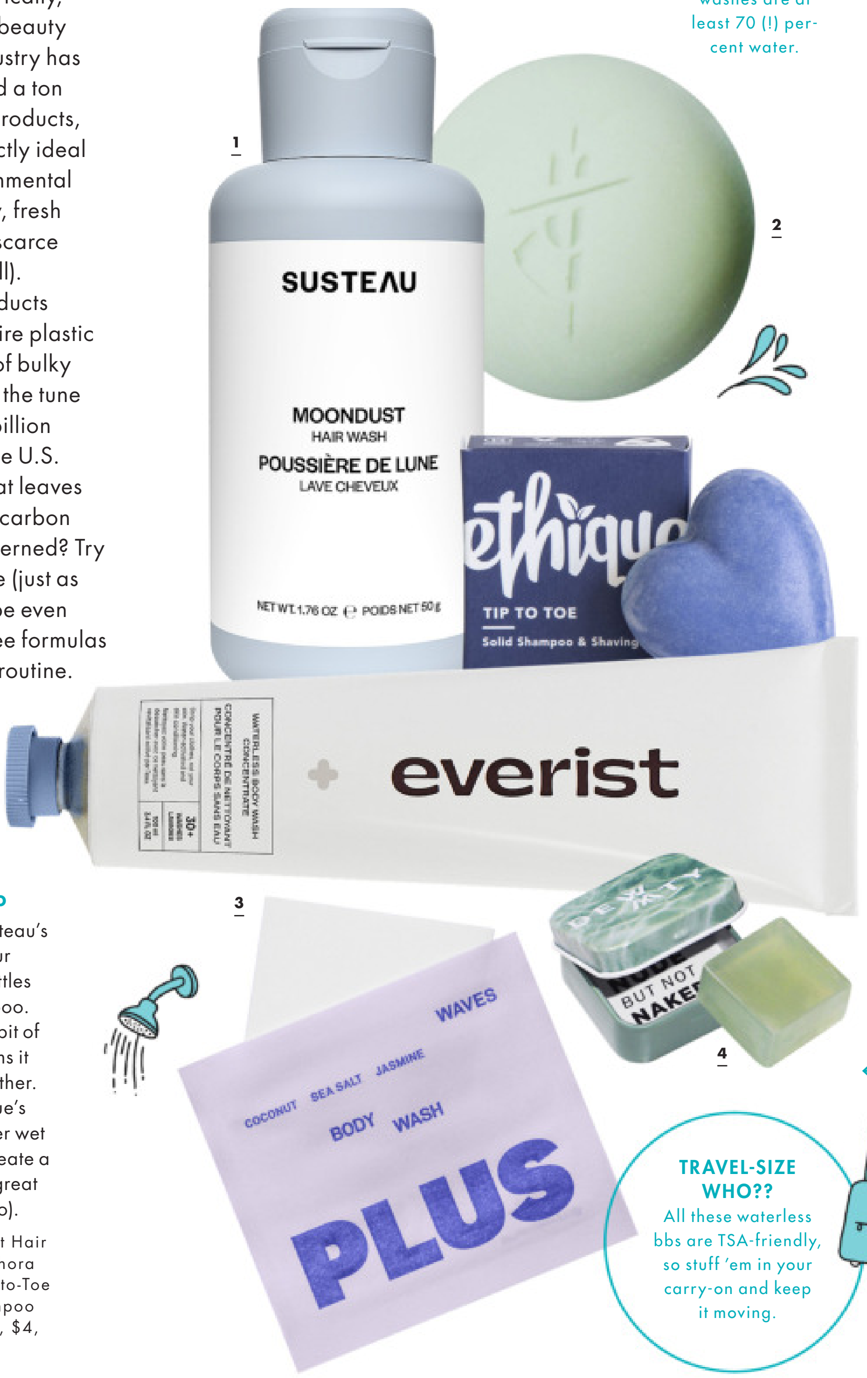
Waterless beauty products are the upgrade you didn't know you needed

Hi, you're about to be a convert.

By LAUREN BALSAMO

Historically, the beauty industry has used a ton of water in its products, which isn't exactly ideal from an environmental POV (you know, fresh water being a scarce resource and all). Water-rich products also often require plastic or other types of bulky packaging—to the tune of about 42.1 billion containers in the U.S. every year—that leaves behind a giant carbon footprint. Concerned? Try swapping some (just as effective, maybe even better) H2O-free formulas into your daily routine.

Psst: Most traditional body washes are at least 70 (!) percent water.



①

Shampoo

One bottle of Susteau's powder = four eight-ounce bottles of liquid shampoo. Mixing it with a bit of water transforms it into a creamy lather. Or glide Ethique's shampoo bar over wet hair and rub to create a fluffy foam (it's great for shaving too).

Susteau Moondust Hair Wash, $29, sephora.com; **Ethique** Tip-to-Toe Mini Solid Shampoo and Shaving Bar, $4, ethique.com

②

Moisturizer

Yes, friends, face lotion does come in solid form. At least until you swipe it on and the heat from your skin melts its plant butter and oils, creating a long-lasting, nourishing effect.

Kate McLeod Face Stone, $86, katemcleod.com

③

Body wash

Welcome to the exact opposite of most regular body washes: waterless, made with biodegradable ingredients, and single-use-plastic-free. Use Everist's paste in the shower, or tear open a Plus sachet and activate the sheet with water, then let the packaging dissolve down the drain.

Everist Waterless Body Wash Concentrate, $24, helloeverist.com; **Plus** Body Wash in Waves, $16.50 for 16, cleanwith.plus

④

Face serum

This bar (it'll last for about 120 uses) is infused with a super-concentrated blend of brightening vitamin C, nourishing jojoba oil, and redness-reducing licorice extract.

Dew Mighty Bloom Jelly Serum Bar, $45, dewmighty.com

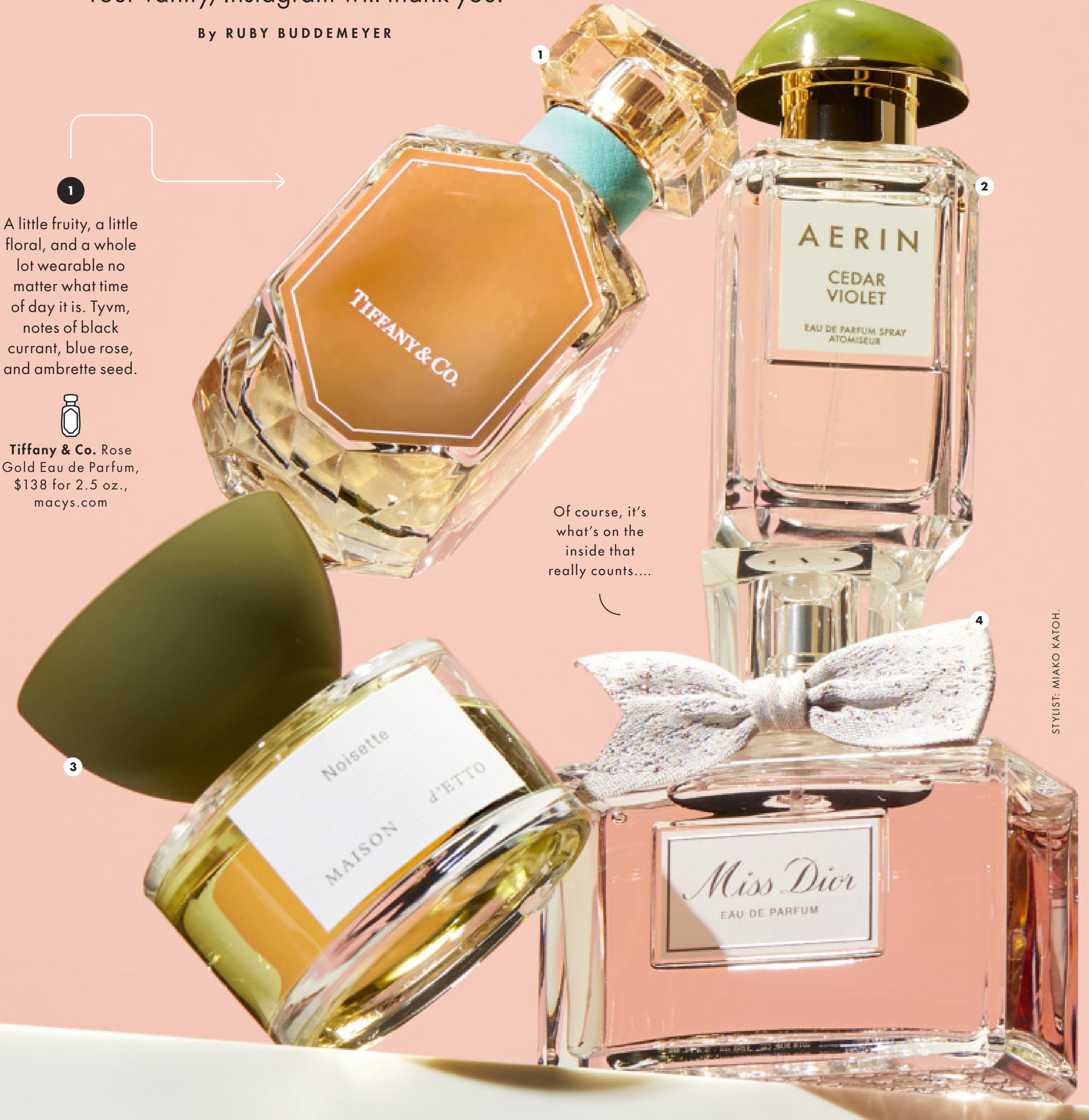
TRAVEL-SIZE WHO??

All these waterless bbs are TSA-friendly, so stuff 'em in your carry-on and keep it moving.

8 perfumes so pretty, it doesn't even matter what they smell like

Your vanity/Instagram will thank you.

By RUBY BUDDEMEYER


1
TIFFANY & Co.
2
AERIN
CEDAR VIOLET
EAU DE PARFUM SPRAY ATOMISEUR
3
Noisette
MAISON d'ETTO
4
Miss Dior
EAU DE PARFUM

1

A little fruity, a little floral, and a whole lot wearable no matter what time of day it is. Tyvm, notes of black currant, blue rose, and ambrette seed.

Tiffany & Co. Rose Gold Eau de Parfum, $138 for 2.5 oz., macys.com

Of course, it's what's on the inside that really counts....

STYLIST: MIAKO KATOH.

Photograph by DANIELLE DALY

2

The best part about this violet-leaf-, cedarwood-, and amber-infused beaut? She only gets richer and deeper, in a woodsy-floral way, on your skin.

Aerin Cedar Violet Eau de Parfum, $135, esteelauder.com

3

Wearing this scent is kinda like cosplaying as a French girl: Its lavender, orris, magnolia, and musk come together to make you smell ridiculously good but also, like, very low-key.

Maison d'Etto Noisette, $350, maisondetto.com

4

As close as perfume gets to a literal bouquet of fresh flowers (roses, lilies of the valley, peonies, irises, the works).

Miss Dior Eau de Parfum, $138 for 3.4 oz., dior.com

5

Its warm, spicy blend of cinnamon, vetiver, and patchouli = many, many "Wait, what are you wearing?!" Qs for you.

Gucci The Alchemist's Garden A Gloaming Night Eau de Parfum, $330, nordstrom.com

6

Basically, the grown-up version of the candy-like perfume you doused yourself with in high school—warm and floral with just the right amount of sweetness.

Kayali Utopia Vanilla Coco 21, $100 for 1.7 oz., sephora.com

7

One spritz will make you feel like an extra in *Mad Men*, thanks to its fancy notes of rum and oakmoss.

Kilian Paris Apple Brandy on the Rocks, $195, sephora.com

8

Unlike the heavy, powdery florals of your grandma's generation, this cocktail of iris, rose, and jasmine is lightweight, rich, and effortlessly cool.

Louis Vuitton Spell on You Eau de Parfum, $265 for 100 mL, louisvuitton.com

STYLING HACK ALERT!

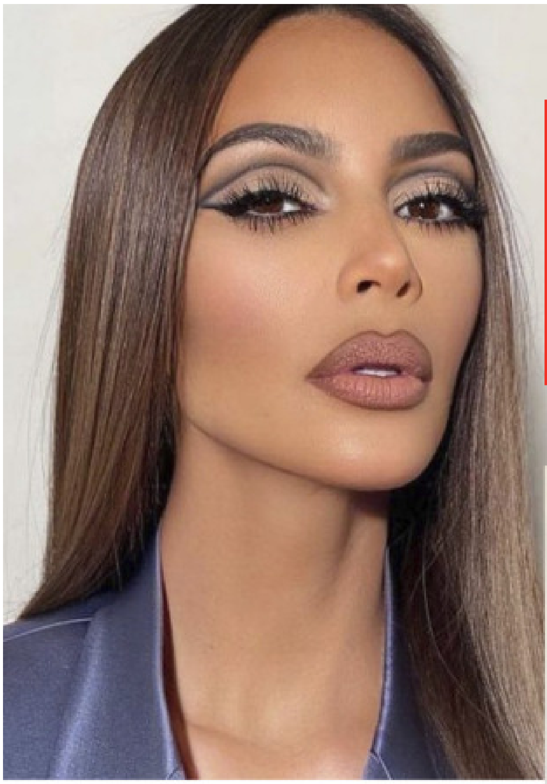
Use your fave bottles as lil book-ends on a shelf or as mini vases for herbs once they're empty.

5
6
7
8
KAY ALI
UTOPIA
VANILLA COCO | 21
A Gloaming Night
GUCCI
APPLE BRANDY
by Kilian
ON THE ROCKS
SPELL ON YOU
LOUIS VUITTON

3 ways to make
lip liner your thing

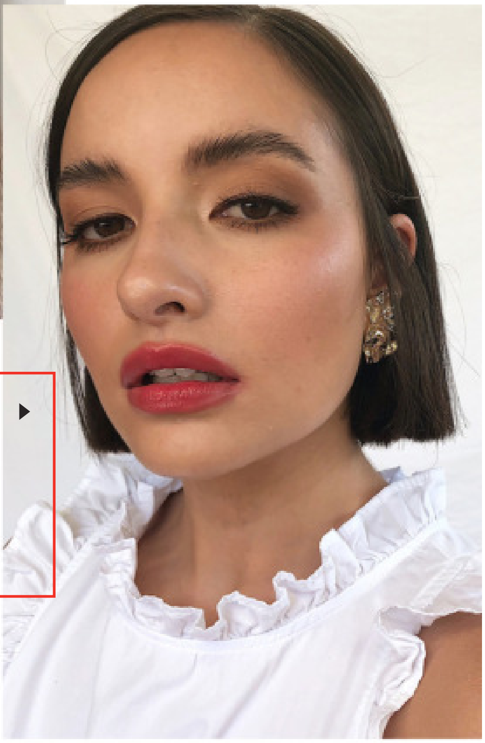
The '90s are back, baby—and no one is safe.

By CHLOE METZGER



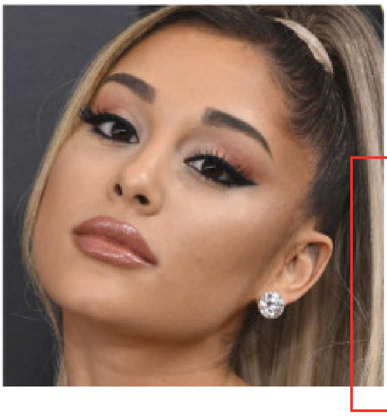
1. THE OG OUTLINE

You know it, your mom knows it, Kim K. knows it. A modern refresher: Line your lips with a brown pencil two shades darker than your natural lip color, then swipe on a layer of nude lipstick with a satin finish (it tends to be more moisturizing than matte).



2. THE BLURRED LIP

Oh, look, the epitome of cool! Prep your mouth with a thick coat of moisturizing lip primer, then scribble in the center of your lips with a creamy, berry-tone liner. Smudge and blend out the liner with your finger for a soft, blurry effect.



3. THE HIGH-SHINE COMBO

Pro tip: The key to glossy lips that last is a liner base. Using a matte liner (less moisture = less slippage), fill in your lips like a coloring book, then top with clear gloss. When the gloss fades (hey, ya gotta eat), you'll still be left with a wash of color.

Your starter pack

①

Makeup by Mario Ultra Suede Lip Pencil in Travis, $22, sephora.com

+

Fashion Fair Iconic Lipstick in Nudeattude, $26, sephora.com

②

COLOURPOP
LIPPIE STIX

ColourPop Lippie Stix Primer, $7, colourpop.com

+

BLK/OPL Precision Lip Definer in The Loop, $6, ulta.com

③

Too Faced Lady Bold Waterproof Lip Liner in Badass, $20, toofaced.com

+

Glossier Lip Gloss in Clear, $14, glossier.com

FROM TOP: ©BAUER-GRIFFIN.COM; ERIN LATKOVIC/@ERINMAIE; GETTY IMAGES.

promotion

seriously must-have gifts (that won't get returned)

SCAN HERE TO SHOP NOW

Don't mind us, we'll just do all your holiday shopping for you. We've curated a few need-it-now, extra-special presents for everyone on your list (even yourself, bc you definitely deserve it). So kick back, grab your phone, scan the code, and enjoy some stress-free shopping.

OLAY
COLLAGEN
BODY LOTION

OLAY

Indulge in Olay's new Body Lotion Collection with prestige skincare ingredients to hydrate instantly and leave you with skin that feels softer and looks smoother—so you can step into your day feeling fearless in your skin. **olay.com**

BURST ORAL CARE

Go luxe this holiday season. Gift loved ones a healthy, glam smile they'll enjoy year-round—shop the limited-edition lavender BURST Sonic Toothbrush and Water Flosser! Each boasting three modes and impressive battery lives, pearly whites can keep shining bright. **burstoralcare.com**

Uncorked
Uncorked
Uncorked

UNCORKED BY COSMOPOLITAN

A fun, mouthwatering collection of wines perfect for everyday drinking. Each bottle was taste-tested (it was so, so hard) and loved by *Cosmopolitan* editors—plus, of course the bottles are pretty enough to be gifted or 'grammed. **wine.com/uncorked**

the DB METHOD

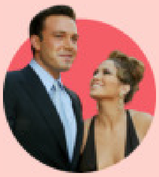
THE DB METHOD

Get your best butt ever in just 10 minutes a day with The DB Method! With patented technology that shifts body weight directly into the glutes, now you can feel the burn and get the butt right at home. **thedbmethod.com**

JUST A LIST OF

ALL THE WAYS 2021 WAS 2004 ALL OVER AGAIN

By SAMANTHA LAWYER



1

BEN AFFLECK AND JENNIFER LOPEZ WERE THE COUPLE WE CARED ABOUT
Their April reunion broke the early-aughts floodgates wide open.

2

***FRIENDS* TOOK OVER OUR SCREENS**
The first *new* episode (what? reunion specials totally count) since the 2004 finale got an entirely new generation debating...were Ross and Rachel *really* on a break?

3

AVRIL LAVIGNE INSPIRED US TO GO EMO
She released her first and only TikTok this year—and much like her entire 2004 album, it promptly went viral. If you catch me in a men's tie, mind your own business.

4

BRITNEY SPEARS REIGNED
As multiple documentaries pushed the #FreeBritney movement forward, our fave pop star reclaimed the spotlight. Britney's back, baby!

5

***SEX AND THE CITY* DOMINATED EVERY CONVO**
As pics from the latest revival hit Instagram, I couldn't help but wonder...did the years 2005 to 2020 even happen? And if so, did anyone even care?

6

A SPIDER-MAN MOVIE PRODUCED "IS THIS A PR STUNT?" DRAMA
When Tom Holland and Zendaya were caught kissing, they were building on the "Are they or aren't they...?" tradition started by Kirsten Dunst and Tobey Maguire.

GETTY IMAGES (2).

Important Facts About Kyleena® (levonorgestrel-releasing intrauterine system) 19.5 mg

Read this Patient Information carefully before you decide if Kyleena is right for you. This information does not take the place of talking with your gynecologist or other healthcare professional (HCP) who specializes in women's health. If you have any questions about Kyleena, ask your HCP. You should also learn about other birth control methods to choose the one that is best for you.

Kyleena does not protect against HIV infection (AIDS) and other sexually transmitted infections (STIs).

INDICATION FOR KYLEENA
Kyleena is a hormone-releasing intrauterine device (IUD) that prevents pregnancy for up to 5 years.

Who might use Kyleena?
You might choose Kyleena if you:

- want long-term birth control that provides a low chance of getting pregnant (less than 1 in 100)
- want birth control that works continuously for up to 5 years
- want birth control that is reversible
- want a birth control method that you do not need to take daily
- are willing to use a birth control method that is placed in the uterus
- want birth control that does not contain estrogen

Do not use Kyleena if you:

- are or might be pregnant; Kyleena cannot be used as an emergency contraceptive
- have a serious pelvic infection called pelvic inflammatory disease (PID) or have had PID in the past unless you have had a normal pregnancy after the infection went away
- have an untreated genital infection now
- have had a serious pelvic infection in the past 3 months after a pregnancy
- can get infections easily. For example, if you:
  - have multiple sexual partners or your partner has multiple sexual partners
  - have problems with your immune system
  - use or abuse intravenous drugs
- have or suspect you might have cancer of the uterus or cervix
- have bleeding from the vagina that has not been explained
- have liver disease or a liver tumor
- have breast cancer or any other cancer that is sensitive to progestin (a female hormone), now or in the past
- have an IUD in your uterus already
- have a condition of the uterus that changes the shape of the uterine cavity, such as large fibroid tumors
- are allergic to these ingredients:
  - do not use Kyleena if you're allergic to levonorgestrel, silicone, polyethylene, silver, silica, barium sulfate, polypropylene, or copper phthalocyanine

Before having Kyleena placed, tell your HCP about all of your medical conditions including if you:

- have any of the conditions listed above
- have had a heart attack
- have had a stroke
- were born with heart disease or have problems with your heart valves
- have problems with blood clotting or take medicine to reduce clotting
- have high blood pressure
- recently had a baby or are breastfeeding
- have severe headaches or migraine headaches
- have AIDS, HIV, or any other STI

Tell your HCP about all of the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

Should I check that Kyleena is in place?
Yes, you should check that Kyleena is in proper position by feeling the removal threads. It is a good habit to do this 1 time a month. If you feel more than just the threads or if you cannot feel the threads, be sure to call your HCP and avoid intercourse or use non-hormonal back-up birth control, as Kyleena may not be in the right position and may not prevent pregnancy.

How soon after placement should I return to my HCP?
Call your HCP if you have any questions or concerns (see "After Kyleena has been placed, when should I call my HCP?"). Otherwise, you should return to your HCP for a follow-up visit 4 to 6 weeks after Kyleena is placed to make sure that Kyleena is in the right position.

Can I use tampons or menstrual cups with Kyleena?
Yes, tampons or menstrual cups may be used with Kyleena. Change tampons or menstrual cups with care to avoid pulling the threads of Kyleena. If you think you may have pulled Kyleena out of place, avoid intercourse or use back-up birth control.

What if I become pregnant while using Kyleena?
Call your HCP right away if you think you may be pregnant. If possible, also do a urine pregnancy test. If you get pregnant while using Kyleena, you may have an ectopic pregnancy. This means that the pregnancy is not in the uterus. Unusual vaginal bleeding or abdominal pain may be a sign of ectopic pregnancy.

Ectopic pregnancy is a medical emergency that often requires surgery. Ectopic pregnancy can cause internal bleeding, infertility, and even death.

There are also risks if you get pregnant while using Kyleena and the pregnancy is in the uterus. Severe infection, miscarriage, premature delivery, and even death can occur with pregnancies that continue with an IUD. Because of this, your HCP may try to remove Kyleena, even though removing it may cause a miscarriage. If Kyleena cannot be removed, talk with your HCP about the benefits and risks of continuing the pregnancy and possible effects of the hormone on your unborn baby.

If you continue your pregnancy, see your HCP regularly. Call your HCP right away if you get flu-like symptoms, fever, chills, cramping, pain, bleeding, vaginal discharge, or fluid leaking from your vagina. These may be signs of infection.

How will Kyleena change my periods?
For the first 3 to 6 months, your period may become irregular and the number of bleeding days may increase. You may also have frequent spotting or light bleeding. Some women have heavy bleeding during this time. You may also have cramping during the first few weeks. After you have used Kyleena for a while, the number of bleeding and spotting days is likely to lessen. For some women, periods will stop altogether. When Kyleena is removed, your menstrual periods should return.

Is it safe to breastfeed while using Kyleena?
You may use Kyleena when you are breastfeeding. Kyleena is not likely to affect the quality or amount of your breast milk or the health of your nursing baby. However, isolated cases of decreased milk production have been reported. The risk of Kyleena going into the wall of the uterus (becoming embedded) or going through the wall of the uterus is increased if Kyleena is inserted while you are breastfeeding.

Will Kyleena interfere with sexual intercourse?
You and your partner should not feel Kyleena during intercourse. Kyleena is placed in the uterus, not in the vagina. Sometimes your partner may feel the threads. If this occurs, or if you or your partner experience pain during sex, talk with your HCP.

Can I have an MRI with Kyleena in place?
Kyleena can be safely scanned with MRI only under specific conditions. Before you have an MRI, tell your HCP that you have Kyleena, an IUD, in place.

What are the possible serious side effects of Kyleena?

- **Ectopic pregnancy and intrauterine pregnancy risks.** There are risks if you become pregnant while using Kyleena (see "What if I become pregnant while using Kyleena?").
- **Life-threatening infection.** Life-threatening infection can occur within the first few days after Kyleena is placed. Call your HCP immediately if you develop severe pain or fever shortly after Kyleena is placed.
- **Pelvic inflammatory disease (PID).** Some IUD users get a serious pelvic infection called PID. PID is usually sexually transmitted. You have a higher chance of getting PID if you or your partner has sex with other partners. PID can cause serious problems such as infertility, ectopic pregnancy or pelvic pain that does not go away. PID is usually treated with antibiotics. More serious cases of PID may require surgery including removal of the uterus (hysterectomy). In rare cases, infections that start as PID can even cause death. Tell your HCP right away if you have any of these signs of PID: long-lasting or heavy bleeding, unusual vaginal discharge, low abdominal (stomach area) pain, painful sex, chills, fever, genital lesions or sores.
- **Perforation.** Kyleena may go into the wall of the uterus (become embedded) or go through the wall of the uterus. This is called perforation. If this occurs, Kyleena may no longer prevent pregnancy. If perforation occurs, Kyleena may move outside the uterus and can cause internal scarring, infection, or damage to other organs, and you may need surgery to have Kyleena removed. Excessive pain or vaginal bleeding during placement of Kyleena, pain or bleeding that gets worse after placement, or not being able to feel the threads may happen with perforation. The risk of perforation is increased if Kyleena is inserted while you are breastfeeding, or if you have recently given birth.
- **Expulsion.** Kyleena may come out by itself. This is called expulsion. Expulsion occurs in about 4 out of 100 women. Excessive pain or vaginal bleeding during placement of Kyleena, pain or bleeding that gets worse after placement, or not being able to feel the threads may happen with expulsion. You may become pregnant if Kyleena comes out. If you think that Kyleena has come out, avoid intercourse or use non-hormonal back-up birth control (such as condoms or spermicide) and call your HCP. The risk of expulsion is increased with insertion right after delivery or second-trimester abortion.

Common side effects of Kyleena include:

- **Pain, bleeding or dizziness during and after placement.** If these symptoms do not stop 30 minutes after placement, Kyleena may not have been placed correctly. Your HCP will examine you to see if Kyleena needs to be removed or replaced.
- **Changes in bleeding.** You may have bleeding and spotting between menstrual periods, especially during the first 3-6 months. Sometimes the bleeding is heavier than usual at first. However, the bleeding usually becomes lighter than usual and may be irregular. Call your HCP if the bleeding remains heavier than usual or increases after it has been light for a while.
- **Missed menstrual periods.** About 12 out of 100 women stop having periods after 1 year of Kyleena use. If you have any concerns that you may be pregnant while using Kyleena, do a urine pregnancy test and call your HCP. If you do not have a period for 6 weeks during Kyleena use, call your HCP. When Kyleena is removed, your menstrual periods should return.
- **Cysts on the ovary.** About 22 out of 100 women using Kyleena develop a cyst on the ovary. These cysts usually disappear on their own in 2 to 3 months. However, cysts can cause pain and sometimes cysts will need surgery.

Other common side effects for Kyleena include:

- inflammation or infection of the outer part of your vagina (vulvovaginitis)
- abdomen or pelvic pain
- headache or migraine
- acne or greasy skin
- painful periods
- sore or painful breasts

These are not all of the possible side effects with Kyleena. For more information, ask your HCP.

Call your HCP for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088. You may also report side effects to Bayer Healthcare Pharmaceuticals at 1-888-842-2937.

After Kyleena has been placed, when should I call my HCP?
If Kyleena is accidentally removed and you had vaginal intercourse within the preceding week, you may be at risk of pregnancy, and you should talk to an HCP.

Call your HCP if you have any concerns about Kyleena. Be sure to call if you:

- think you are pregnant
- have pelvic pain, abdominal pain, or pain during sex
- have unusual vaginal discharge or genital sores
- have unexplained fever, flu-like symptoms or chills
- might be exposed to STIs
- are concerned that Kyleena may have been expelled (came out)
- cannot feel Kyleena's threads
- develop very severe or migraine headaches
- have yellowing of the skin or whites of the eyes. These may be signs of liver problems.
- have had a stroke or heart attack
- become HIV positive or your partner becomes HIV positive
- have severe vaginal bleeding or bleeding that lasts a long time or concerns you

To learn more, talk about Kyleena with your HCP and see the FDA-approved Full Prescribing Information found on www.kyleena.com, or call 1-866-647-3646.

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PP-KYL-US-1053-1 / July 2021

Actor slash hot-guy-in-a-band Finn Wolfhard made you a playlist for all your holiday szn feels

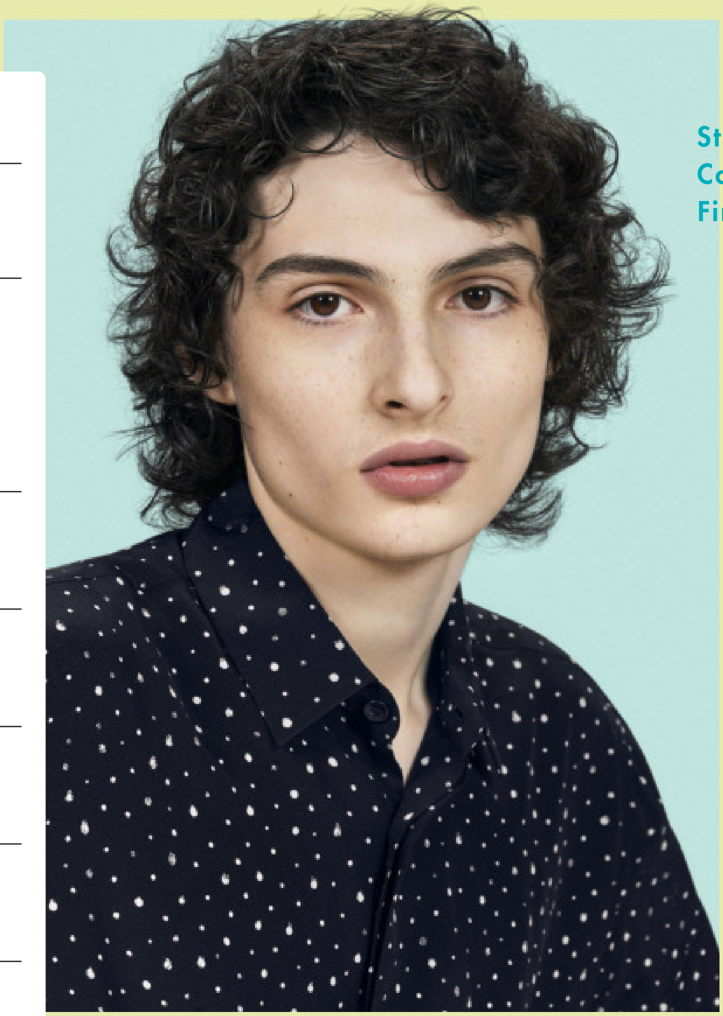
Consider it an early present from the *Ghostbusters: Afterlife* star.

By TAMARA FUENTES

Press play

1. Bambi
   BY CLAIRO
2. Alone on Christmas Day
   BY PHOENIX (FEAT. BILL MURRAY, BUSTER POINDEXTER, JASON SCHWARTZMAN, AND PAUL SHAFFER)
3. In View
   BY THE TRAGICALLY HIP
4. Piledriver Waltz
   BY ALEX TURNER
5. Oblivion
   BY GRIMES
6. The Modern Age
   BY THE STROKES
7. Alexander Hamilton
   BY THE CAST OF *HAMILTON*
8. Just a Kid
   BY WILCO
9. Let It Be
   BY THE BEATLES
10. You'll Have to Wait
    BY THE AUBREYS

BONUS TRACK



Stream it yourself at Cosmopolitan.com/FinnWolfhard

1. "The whole album is incredibly soothing. This song is my go-to when I start downtime."

2. "This is a cover of a Mike Love song arranged for a Bill Murray special on Netflix. It's a little bit of Hollywood magic."

3. "I started listening to the Hip a lot in the past year and I just really love this one. Plus, Canada."

4. "It's from the film *Submarine*, which was written and directed by the brilliant Richard Ayoade and is one of my favorites."

5. "One of the best music videos of all time. Claire grew up a few blocks away from me. I do not know Claire and I don't know why I am calling her by her first name."

6. "No skips on this entire album."

7. "I haven't seen *Hamilton* live, but I streamed it during Covid."

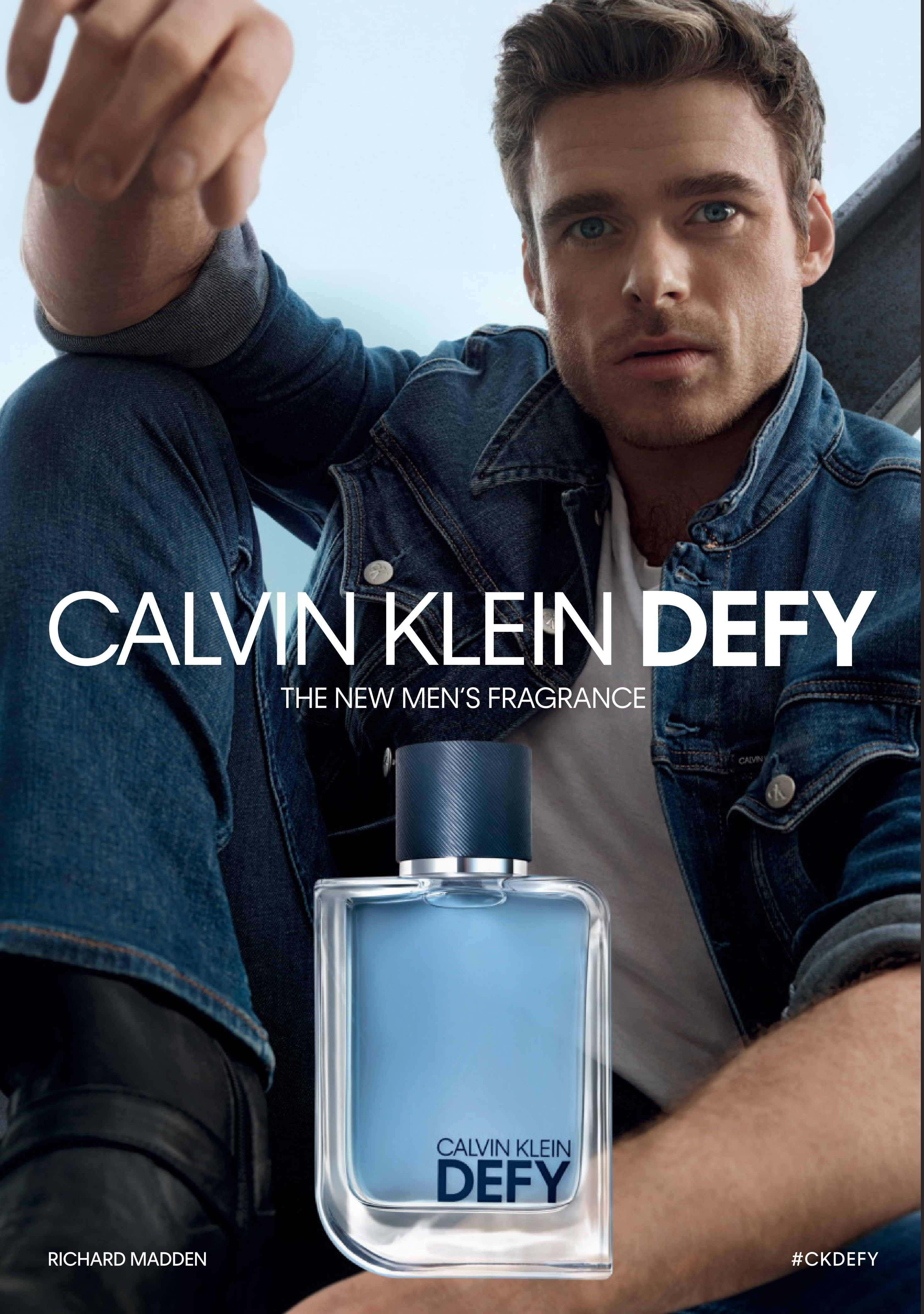
8. "It's on the soundtrack of *The SpongeBob SquarePants Movie*, one of my favorites as a kid. Now that I like Wilco, it really makes the song ten times better."

9. "There are so many great versions and really any one will do."

10. "This is from our new album. Malcolm and I duetted. 'You go low, I'll go low.'"

Yuuup, the Aubreys = Finn's band. Swooning yet?

COURTESY DANIELLE LEVITT.


CALVIN KLEIN **DEFY**
THE NEW MEN'S FRAGRANCE
CALVIN KLEIN
DEFY
RICHARD MADDEN
#CKDEFY

CALVIN KLEIN DEFY
THE NEW MEN'S FRAGRANCE
CALVIN KLEIN
DEFY
LIFT TO EXPERIENCE ▸
AVAILABLE AT ULTA

Gotta order those matching sweaters ASAP.
BOO
YOU

Your v accurate Hallmark Christmas movie title generator

'Tis the season for an adorable meet-cute.

By ELIZABETH ANN ENTENMAN

Don't lie, you live for the sugary dialogue, campy plot points, and wildly predictable endings. The only thing better would be if one of these gems were all about…you. Would you find love in an unexpected place or reconnect with a high school sweetheart? The answer is yes. Follow the prompts at right and thread together the red text to discover the name of this very personal, maybe just a little nonsensical film. (Mine, FYI: *Incredibly Dashing December Reunion.*)

CLOCKWISE FROM TOP: SHUTTERSTOCK; GETTY IMAGES (7).

Your Hollywood Chris of choice is:

Pine
INCREDIBLY

Hemsworth
DELIGHTFULLY

Pratt
SUDDENLY

Evans
TRULY

+

Which fast-food fry would you commit crimes for?

Five Guys
SECRETIVE

McDonald's
MIRACULOUS

Shake Shack
DASHING

Wendy's
JOLLY

Arby's
FANCY

The inspiration for your next tattoo will come from:

Your dog's name, obviously
CHRISTMAS

The ~zodiac~
FESTIVUS

Your Instagram saved pictures
DECEMBER

A quote you love
HOLIDAY

+

Which Beyoncé album produced the best scream-the-lyrics-while-dancing/crying bangers?

Dangerously in Love
WEDDING

4
BABY

B'Day
MIRACLE

I Am…Sasha Fierce
ENGAGEMENT

Beyoncé
SWITCH

Lemonade
REUNION

Just, like, imagine if these faces were hanging in the sky over my cabana.

I went on BRAD + LEO'S vacation and I will never be the same

I didn't go on vacation WITH them, but still.

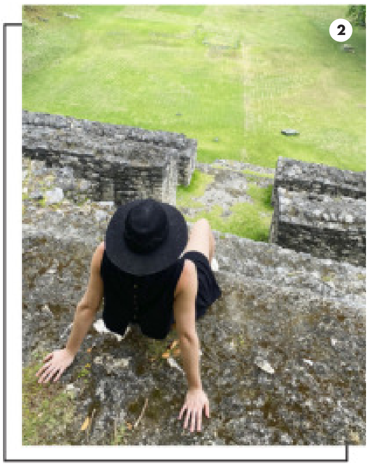
By JESSICA PELS

It's just a fact of modern life that A-list actors are A+ vacationers: They've got money to burn, the ghost of their last Oscar attempt to shake off, and probably a new girlfriend to get to know—and where better to do it than on a literal private island where only the most intrepid and dolphin-adjacent paparazzi can find them? Enter me, lowly human, *not* riding in on the back of a dolphin but rather opening my email one day to find an invitation from said private island to see it—for free?!—for my normal-person self. I don't think I've ever said "yes" so fast. Which is how I found myself, along with my fiancé, Matt, on a plane to Belize and then on a helicopter to a tiny enclave in a shallow sea—Cayo Espanto, our home for the week and, in my imagination, forever. We may not have had post-Oscars stress to recover from, but let me tell you: We lived like we did.

❶

PUTTING THE "PRIVATE" IN PRIVATE ISLAND...

There are only seven guest villas total—one hovers over the ocean; others have their own little beaches. We saw no other living souls but the staff All. Freaking. Week. 🙌



❷

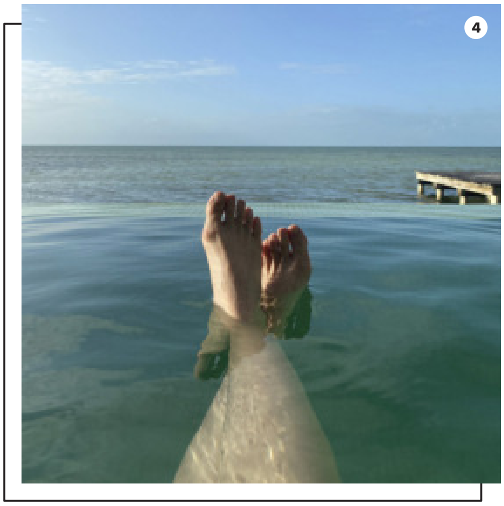
...AND IN TOURISTING

You'd like to see the Mayan ruins, they asked? Let us get a private plane to shuttle you there and a dedicated tour guide to tell you all its secrets. I didn't even realize celebs see the world this way, but damn, it ain't bad.

❸

FOOD WITH A VIEW

They served every meal in and around our bungalow, picking different spots to zhuzh up with candles or our initials in the sand or, in this case, a view of our beach. We could ask for whatever we wanted—don't let this salad fool you; we *gorged*.



❹

DID I MENTION IT'S PRIVATE?

Here I am in our infinity pool overlooking the sea, which itself was shallow enough to walk around in—my fiancé caught some fish, which, good for him, but I'm not moving from this spot. I write from here now, in fact, having not moved for months, a mere shriveled prune, but a very, very happy one.

THIS PAGE, CLOCKWISE FROM TOP: COURTESY RESORT; COURTESY PELS (2); COURTESY RESORT. OPPOSITE PAGE, FROM TOP: GETTY IMAGES (HEADS); COURTESY RESORT; COURTESY PELS.

The secret ways celebrities hack their airport travel

There's a reason you never see VIPs while panic-shoving pieces of croissant under your mask before boarding.

By **MEHERA BONNER**

While a lot of very famous humans own (hi, Kylie Jenner) or rent (hi, basically everyone else) their own planes, most celebs actually fly commercial, especially for international trips. Shocked? Alarmed? Frantically checking to see if that dude in the Hot Topic hoodie is Machine Gun Kelly? Same. But listen: Flying private costs a ton of money, even for rich people, and is terrible for the environment—not to mention a PR nightmare. Remember the backlash when Kimye took a 747 on vacation? Twitter was not okay!!!

So why, then, haven't you noticed Prince Harry or Prince Harry Styles sitting next to you and your free pretzels on the way to London? Because stars have covert ways of avoiding the worst of the fresh hell that is the airport. Here, the details of their very best, very sneaky strategies.

HOT! STYLE! TIP!
Just bc you can't fly like one doesn't mean you can't wear sunglasses for the entire flight like one.

CELEBRITIES: GETTY IMAGES (10). AIRPLANE WING: STOCKSY.

THEY HIRE ULTRA-VIP SERVICES

Companies like Blacklane PASS and Royal Airport Concierge hook clients up with alllll kinds of perks at the airport, including butlers, caviar, and greeters who fast-track A-listers through pesky things like customs. They also usher them through back entrances so they don't get mobbed by normals. Which, fair, because if I saw Lisa Rinna at baggage claim, I *would* make a scene.

THEY HAVE THEIR OWN DAMN TERMINAL AT LAX

LAX being the Los Angeles airport, where PS at LAX is a *schmancy* private terminal with an actually pleasant entrance—not to mention salon services, nice food and drinks, private TSA screenings, and car escorts directly to the plane. PS has plans to expand beyond LAX, which could be good news for you too—if you're cool with prices starting at $3,250 for a group of four.

THEY'RE ON THE ACTUAL PLANE FOR AS LITTLE TIME AS POSSIBLE

High-profile passengers are typically boarded last for "maximum privacy," which is why those of us crammed in the last row, usually next to the bathroom or whatever, never encounter them. On arrival, they're greeted at the aircraft door and escorted out ASAP. Meaning that your celebrity crush (looking @ you, Mandy Patinkin—that's right, I said it) could've been sitting in 2A the whole entire time!

FLIGHT DELAYS

Megastars could be the reason for your late departure. Sorry, but it's true: Those VIP services have been known to hold aircrafts if a celeb is running behind. (I KNOW.)

Alternate idea: Zoom by the crowds on a scooter-suitcase.

OH WHAT FUN
IT IS TO
SAVE

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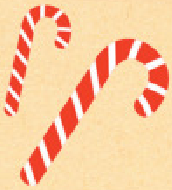
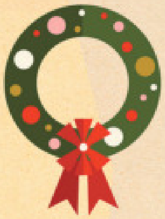
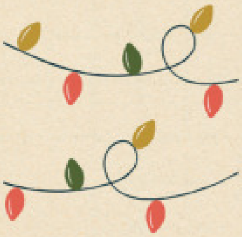
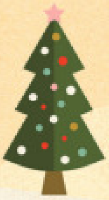
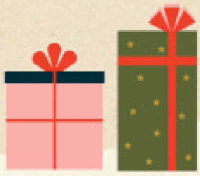
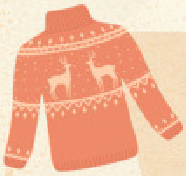
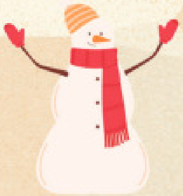
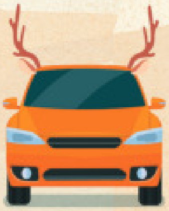
ROAD TRIP BINGO

You know the game: As you're driving down the highway, or maybe through the city, call out what you see, then mark it on the card.

Get three-in-a-row and shout "BINGO!"

(But not too loud – you don't want to distract the driver!)

		
	FREE!	
		

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JUST A LIST OF

STEPS TO MAKE THE

MIDDLE SEAT SUCK LESS

By MEGAN UY

"I freaking love it here!" —you after reading this

①

BOOK AN EXIT ROW

Yes, the extra legroom is great for comfortably stretching out your bod, but on some planes, it's also clutch for storing all your snacks. More food = more fun times.

②

CLAIM THE ARMRESTS

Proper airline protocol says that you get both of these bad boys as consolation. Elbow nudging and fake snoring are acceptable enforcement tools.

③

LAYER UP

It's instant bedding for your in-between area of hell: A fleece jacket can be a gorge throw blanket that perfectly complements that sweatshirt-pillow hybrid and oversize scarf robe. Cozy just like home!

④

SLEEP ON THE TRAY TABLE

Sanitize, then cross those arms and bury your cute face in your lil makeshift cave. It'll be steamy in there, but that's basically a facial, right?

⑤

GO TO THE BATHROOM… A LOT

It's called manipulation, sweetie. The more you force your row-mate to get up so you can tinkle, the more likely they'll offer up that coveted aisle seat so you'll stop annoying them. Hey, it *could* happen.

⑥

ORDER A FANCY BEVERAGINO

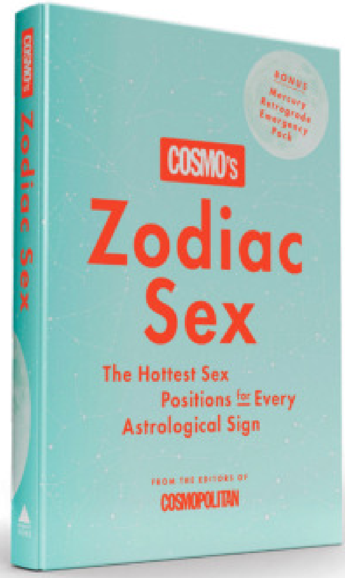
When all else fails, you can always pretend you're a millionaire sitting on a roomy first-class throne as you sip a $12 vodka soda whilst watching the finest TV your teeny screen has to offer.

Illustration by EIRIAN CHAPMAN

PROMOTION

This is Your Sign to Treat Yourself

Our crystal ball sees these editor-picked must-haves in your future.


BONUS Mercury Retrograde Emergency Pack
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The Hottest Sex Positions for Every Astrological Sign
FROM THE EDITORS OF COSMOPOLITAN

Cosmo Zodiac Sex

Super hot positions tailored to every sign, plus a can't-miss guide to sex during retrograde season will make every encounter out of this world. *cosmopolitan.com/zodiacsex*

Mercury Retrograde Sweatshirt

Because when all other forms of communication are totally failing, might as well let your outfit do the talking for you. *cosmopolitan.com/retrograde*

sorry i can't. mercury is retro-grade

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What's in the cards for you? Only the most amazing predictions about your life, NBD. *cosmopolitan.com/tarot*

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Uncorked
Uncorked
Uncorked

Uncorked by Cosmopolitan Tasting Set

This non-boring, mouth-watering collection of wines is perfect for everyday drinking…or drinking every day, no judgement. *cosmopolitan.com/wine*

Scorpio Zodiac Tote

The most transparent way to carry around all your (emotional) baggage—bc if they can't handle you at your Scorpio Sun, they don't deserve you at your Cancer Moon. *cosmopolitan.com/scorpiotote*

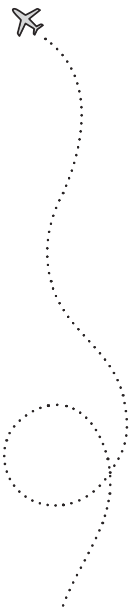
PASSPORT
YET ANOTHER FORM...
PCR TEST
NEGATIVE
TRAVEL FORM

What doesn't cancel your plans makes them stronger, yes?

Getting ready for a trip is so much more complicated now

Here's how to ace your preflight COVID-19 protocol. By **MIKHAILA ARCHER**

By now, of course, you know that getting vaxxed, masking up, and avoiding COVID-19 hot spots are the trifecta of safe travel—but if you want to go abroad, they're just the beginning. Precisely timed tests and paperwork likely also stand between you and your hard-earned, partially non-refundable vacay. Which is why you now have this very helpful, very expert-approved checklist. Shall we?



Before booking

SCOPE OUT CANCELLATION POLICIES

Right now, the only thing we know for sure is that nothing is for sure. And if you test positive preflight or a COVID-19 surge makes travel suddenly feel unnecessary, you'll want to get some money back. Thus, much internet sleuthing is necessary. Hotels can be hit or miss—check each one's website to clarify what it can do for you if the worst happens. Airline policies vary too, depending on where you're going and what type of ticket you buy, so read up. A tip: "Basic economy" = basically nonrefundable, even now.

One week until takeoff

DIG UP THE REQUIREMENTS

You can't start the testing and paperwork until you know exactly what tests and paperwork you need. Your first stop: the International Air Transport Association Travel Centre (IATATravelCentre.com). Enter your destination, the dates you're traveling, and some of your passport info, and it'll spit out a to-do list just for you. Next, cross-check this info with what's posted on your destination country's official website, says Brian Kelly, founder and CEO of *The Points Guy*.

Three days until takeoff

GET A PCR TEST (IF YOU NEED ONE)

Most countries allowing foreign travelers require this test—yeah, the uncomfy one—within 72 hours of your flight, but some free PCRs can take up to five days to process, which...?!?! If you can find one near you, it's best to specifically schedule a same-day or 24-hour PCR test, says Keri Althoff, PhD, an epidemiologist at the Johns Hopkins Bloomberg School of Public Health. This kind can cost hundreds though, so factor that into your budget. If you're willing to roll the dice to save cash, keep an eye on your spam filter for your test results and consider having a backup same-day PCR test scheduled 24 hours before your flight.

One or two days until takeoff

FINALIZE ALL THE PAPERWORK

If you're visiting a country that wants a rapid antigen test done 24 hours before you fly, do that. Once all your results are in, fill out and submit those online forms from the country's and airline's sites.

PRINT EVERYTHING

All of it! Proof of your negative test(s), the forms you filled out for your destination, and a photocopy of your vaccine card (keep the real one real safe at home).

The night before

MENTALLY PREP

Get those docs ready to show customer service agents *before* you go through TSA, and plan to show up at least three hours pre-takeoff (because lines suck).

Finally, take a sec to be grateful that you have the opportunity to travel amid a pandemic, and aim to give everyone you interact with some grace. We all need it right now.

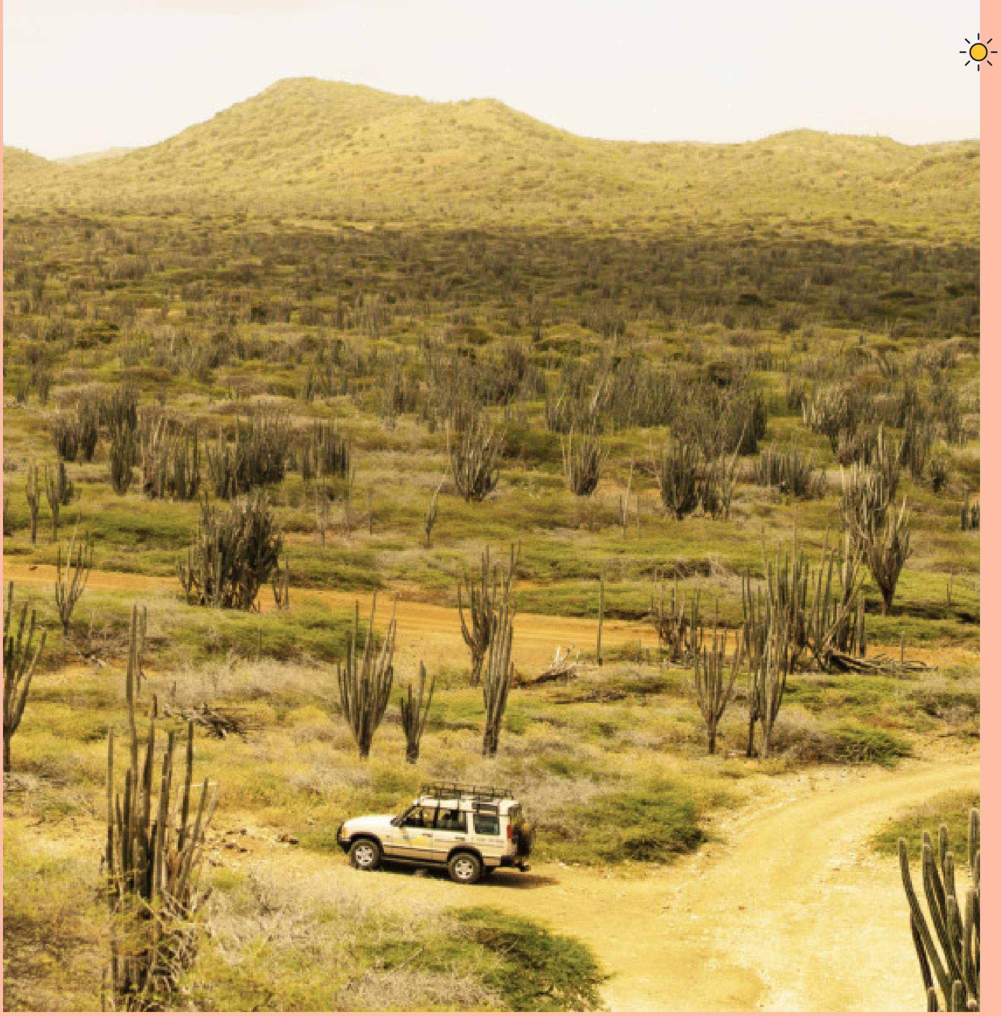
Illustration by NATALIA VOLGINA

HEAR ME OUT:

Your post-isolation vacation should be a solo one

It's not awkward at all. What? It's not!

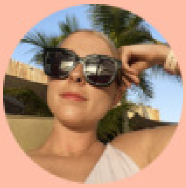
By ASHLEY OERMAN



As a grown, partnered-up, introverted extrovert, I sort of assumed going on vacation by myself was something I'd never do. Like, what's the point? I'm not out here trying to eat, pray, love (tbh, probably just eat). Also, after months and months of seeing no more than the same four people, a group trip would be exactly what I needed.

No. It turns out, no, no, no, no. Solo travel offers so much more than post-breakup epiphanies—especially for anyone who's been through 2020 and most of 2021. Allow me to elaborate based on my gloriously lonely vacay in the jaw-dropping Dutch Caribbean island of Bonaire.

Heads up: Tourism Corporation Bonaire and its island partners picked up the tab for the editor ~researching~ this trip.



Meet my new vacay buddy: It's me! I am the buddy!

YOU CAN KEEP TALKING TO YOURSELF
In the car, navigating without GPS on an island where donkeys and goats post up in the middle of the road (cute! and! scary!), I deployed my preferred love language, words of affirmation. "So, this is a one-way and we're going the wrong way, but it's okay!" I felt more emotionally supported by my own brain than ever before, and we're still pals.

THERE'S NO COMPARISON BS
Group trips with friends inevitably lead to at least one "Oh my gosh, you look so chic; I hate my outfit, hair, toenails, etc." moment. But alone, I gave significantly fewer fucks. I even wore the same outfit two days in a row like the pandemmy blob I am. Jealous?

YOU'LL DRINK LESS
To be fair, IDK your life, and there's nothing wrong with drinking alone, but navigating a new place after downing margs is a challenge—I've learned. So most nights, I had a single cocktail, if that. 'Twas a dramatic transition. And hello, best sleep? I've had? In centuries?

YOU SET THE TONE
Taking yourself on a trip means nobody's vibe (see: your roommate's, your lovah's, your parents', or whomever you spent decades of quarantine with) matters but your own. So when I decided to jump off a 20ish-foot cliff into the Caribbean Sea, my overly cautious boo (love u!) couldn't Debbie Downer me out of it. Who knew I'm so fun? Love that for me.

COURTESY TOURISM CORPORATION BONAIRE. OERMAN: COURTESY SUBJECT.

LEVEL UP

The secret to mirror selfies is... not using a mirror

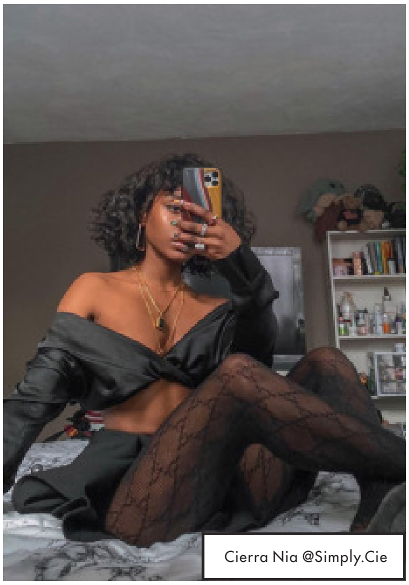
Go ahead and take that floor-length one out of your cart.

By ROSEMARY WOJTKOWSKI

A mirror would probably still look good in this room tho.

Kara Del Toro @KaraJewelll

Hannah Ruth Zander @HannahRuthZander


Cierra Nia @Simply.Cie

Rosemary Wojtkowski @RFWRosie

THIS PAGE, CLOCKWISE FROM TOP: COURTESY DEL TORO; COURTESY WOJTKOWSKI; COURTESY NIA; COURTESY ZANDER. OPPOSITE PAGE, CLOCKWISE FROM TOP: COURTESY GILL; COURTESY KENTON; COURTESY COPPIN CAMPBELL.

*We'll never tell. But it *could* be all of them, and that's the point!

Larissa Gill @LarissaGill

Ivy Kenton @IvyKenton

Honestly, it was always sort of *too* impressive when influencers had nary a smudge nor a sink edge in their mirror selfies. But it wasn't until Kara Del Toro (that's her to your left) revealed this hack on TikTok that we realized, uh, basically everything truly is a lie. Unlike many social media ~~fabrications~~ tricks, though, this one is actually attainable for us regs. Behold, a step-by-step guide to making your next "mirror" "selfie" practically perfect in every way.

STEP 1
Secure both a prop phone (aka your real phone) and an actual camera with a self-timer. Or just ask your bestie to use their own phone's camera. CYOA!

STEP 2
Find a spot that looks like you're standing in front of a mirror. Avoid outdoor spaces to lean into the deception.

STEP 3
If it's just you: Set up your camera on a tripod (the professionalism!) or an inanimate object (maybe a stack of books on a coffee table?) directly in front of you at eye level. If your bestie is around: Have them hold up their phone at your eye level.

@ Nancy Drew, how many of these pics involved actual mirrors?*

STEP 4
Pose like you're looking into a mirror (or looking into your phone looking into a mirror), holding your phone with a convincingly steady grip. Stay away from weird angles at all costs.

STEP 5
Snap your sneaky pic, and voilà! You got a shiny new selfie without having to bust out the glass cleaner.

STEP 6
Drop that bb on every single social platform.

Lauren Nicole Coppin Campbell @LaurenNicoleFK

HOW TO KNOW IF the latest health hack is legit or all hype

Suddenly, your feed is looking very sus.

By CASEY GUEREN

Something I just need to say out loud: I recently considered shoving garlic up my nose because TikTok told me it clears congestion. And yeah, it gets worse....I'm a health journalist and I literally just wrote a book about this stuff (ahem, *It's Probably Nothing: The Stress-Less Guide to Dealing With Health Anxiety, Wellness Fads, and Overhyped Headlines* is out now).

I blame HealthTok, wellness influencers, and the occasional rogue MD—all of whom make ~natural~ cures seem so alluring, almost obvious. I mean, why *wouldn't* anyone want to try an easier, "cleaner" treatment instead of going through our truly effed health care system only to be dismissed by doctors or left with a ginormous prescription-medicine bill?

The problem, though, isn't just that a lot of wellness fads are a waste of time and money—it's that they can often steer you away from evidence-based help (medicine, vaccines, a real exam with a real doc) or even make you sick.

So the next time you're scrolling along and you stop to think, *Why, yes, I would like to stop feeling gassy and bloated—here, take my money!* refer first to these tips from ob-gyn Shieva Ghofrany, MD, and gynecologist and family planning specialist Stacy De-Lin, MD.

BE WARY OF LOUD OUTLIERS

If someone tells you to trust them and their #sponcon over the vast majority of (licensed, board-certified) experts, question it. Especially if their "cure" happens to be pricey and available only from them.

ASK "BUT...LIKE...HOW?"

Let's say you're served an Instagram ad for a probiotic that claims to help you never get sick ever. Cool. Now, start digging. Your goal: Find out whether its active ingredients (see those on the label) do all the things they claim. Head to PubMed and/or Google Scholar—home to the legit studies you need to get answers. Pop one of those active ingredients, like in this case, *Lactobacillus acidophilus*, into the search bar along with one of the claims, like immunity. If you don't find a damn thing on what you're investigating, well, that speaks for itself. Otherwise, be sure that any study you find (1) involved people, not animals or cells in a petri dish, (2) looked at a large, diverse group of folks (not just 10 dudes), and (3) happened within the past decade. If not, the findings might not apply to your body.

Also, any research that has "meta-analysis" or "systematic review" in the title is a very solid source, since those

FYI: Parasites require doctors to treat, not papaya seeds.

INA JANG.

When in doubt, reach out to a doctor you trust to break it down.

kinds of projects analyze nearly every study that exists on a given topic.

CHECK IN WITH THE BIG LEAGUES

When faced with an iffy wellness fad, consult the organizations and people who specialize in this exact body part or bodily function. So if you're curious about supplements for raging PMS, see what the American College of Obstetricians and Gynecologists has to say on its site. An even better option is to reach out to a primary care provider (or gyno, derm, RD, whoever) you trust. If it's not their area of specialty, they can still share what they've heard or at least direct you to someone or something that can tell you more about it. Plus, they already know what's up with your body, so their advice will be a lot more personalized than what you see on the internet.

KNOW THAT "NATURAL" MEANS NOTHING

Fun fact: Anyone can use that term at any time to sell anything because it isn't regulated. Similarly, just because you don't need an Rx for raw garlic doesn't mean sticking it up your nose is risk-free (see: now-inflamed nasal passages, causing even more stuffiness). So before you say, "Eh, it can't hurt," remember that it literally can.

JUST A LIST OF THE EXACT FOODS TO ORDER

IN EVERY CITY

1

"Don't sleep on the **garlic shrimp** from local food trucks on the **North Shore of Oahu, Hawaii**. Pro tip: Get extra garlic on the rice."

—DESI, 31

2

"Not to be dramatic, but the **carne asada fries** in **Monterey, California**, will change your life. Think nacho fries but with steak."

—MEGAN, 25

3

"Ugh, the **cheese whips** (a very addictive long, thin string cheese) in **Milwaukee** are so much better than cheese curds."

—MARIAH, 26

4

"Okay, so lobster rolls are fine, but just go straight to the **Italian sandwich** when you're in **Portland, Maine**. A much better meat-in-bread situation."

—JESSICA, 35

5

"**Neapolitan pizza** in **Tokyo** is better than Neapolitan pizza in Naples. But you didn't hear it from me!"

—MARY, 31

6

"Any **Mexican food** in **Chicago**. Seriously, any kind."

—KATIE, 30

7

"**New Orleans ocean sauce** is basically a bunch of creamy shellfish plopped on whatever you're craving. Try it with pasta. YW."

—MAXWELL, 31

JEFFREY CHAN/THE LICENSING PROJECT.

LAYER UP FOR THE HOLIDAYS.

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SCAN FOR HOLIDAY GIFTS.

Chickpeas: now whatever you want them to be

"Ugh, I have no food." —not you, not today

These magic recipes, brought to you by Jessica Seinfeld's *Vegan, at Times* (out now!), will help you turn a boring can o' beans into a solid snack—or a whole actual meal. And while, yes, you will need a few other things to make this protein-packed legume taste fun, you probably already have/can easily get them. Welcome, friends, to Team Garbanzo.

Everything chickpeas

(Makes enough to fill a mug.)

THE INGREDIENTS

1 15.5-ounce can chickpeas, drained and rinsed

Extra-virgin olive oil

1 tablespoon Everything seasoning

Pinch of kosher salt

THE RECIPE

1. Pour your chickpeas onto a dish towel and pat them dry.
2. In a medium skillet over medium-high heat, warm enough oil to fully cover the bottom of the pan. Then shake the chickpeas off the towel and into the pan. Cook, stirring often, until they're golden brown and crispy.
3. Pour those bbs into a paper-towel-lined bowl. Toss with the Everything seasoning and some salt.
4. Eat them while they're warm and toasty.

MARK WEINBERG.

Spaghetti with olive oil, garlic, and chickpeas

(Makes 4 to 6 servings, depending on how hungry you are.)

THE INGREDIENTS

¾	teaspoon kosher salt, plus more for pasta water and to taste
1	pound pasta, such as thin spaghetti
6	tablespoons extra-virgin olive oil
3	cloves garlic, finely chopped
¼	teaspoon crushed red pepper flakes
1	15.5-ounce can chickpeas, drained and rinsed
8	cups fresh baby spinach
¼	teaspoon freshly ground black pepper, plus more for serving
	Nutritional yeast, for serving (optional/ delicious)

THE RECIPE

1. Bring a large pot of water to a boil, salt it, and cook the pasta according to the package directions.

2. Drain your noods, reserving 1 cup of the pasta water for later.

3. Wipe the pot dry, return it to the stove over medium heat, and add 4 tablespoons of oil, the garlic, and the crushed red pepper flakes. Stir for about 30 seconds—do not let it turn brown.

4. Add the liquid gold (aka pasta water) and the chickpeas. Let simmer for 1 minute.

5. Add the pasta back to the pot and stir to coat. Remove from the heat. Add the spinach, more salt, and the black pepper, and stir till the spinach gets wilty.

6. Drizzle on the remaining 2 tablespoons of oil, and stir once more. Maybe add more salt? Up to you.

7. Serve the pasta topped with black pepper and a sprinkle of nutritional yeast, if you're *fahncy* like that.

> **Well, someone's an overachiever, aren't they?**

Green hummus

(Makes a cereal bowl's worth.)

THE INGREDIENTS

1	15.5-ounce can chickpeas, drained and rinsed
1	cup packed fresh flat-leaf parsley or cilantro leaves
2	scallions, white and light-green parts, cut into 1-inch pieces
1	clove garlic
¼	cup extra-virgin olive oil
2	tablespoons fresh lemon juice
½	teaspoon kosher salt, plus more to taste
⅛	to ¼ teaspoon cayenne pepper
⅛	teaspoon freshly ground black pepper

THE RECIPE

1. In a food processor (or the blender you use to make margs), combine the chickpeas, parsley or cilantro, scallions, garlic, oil, lemon juice, salt, cayenne pepper, and black pepper.

2. Puree until nice and creamy. If it's too thick, add a splash of H2O. If it needs more salt, add some.

3. For best results, use clementines, apples, red bell peppers, cucumbers, carrots, or radishes for dunking.

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YES,

YOU CAN BECOME SOMEONE

who brings their lunch to work

By SARAH WELDON

10:57 a.m. is
a perfectly
acceptable time
to eat, right?

Thanks to some groundbreaking research done by our team of experts (hi, me, a lunch enthusiast), you can kiss the $22-desk-salad lifestyle goodbye. I'm not even really exaggerating, as you will soon see from the formula at right. Pick your fave ingredients from each bucket to create the bowl-esque meal of your workday dreams—they all taste amazing together and will survive a weeklong stay in the fridge. Allow me to get you started with what I'm eating tomorrow (plagiarizing absolutely allowed).

pasta + zucchini, feta + capers, pesto + dill

1 CHOOSE ONE BASE

Quinoa

Pasta

Rice

Any hearty green (kale, collard greens, etc.)

▼

2 THROW IN TWO OF THESE

Precooked chicken apple sausage

Teeny mozz balls

Your favorite Large Veggie, like zucchini or beefsteak tomatoes

Roasted sweet potato

Whatever fruit is in season rn

Feta

3 ADD TWO OR THREE FUN THINGS

Capers

Shredded Parm

Pesto

Canned artichoke hearts

Lemon juice

Green hummus (peep the recipe on page 51 👀)

Ranch

Hot sauce

EVOO

▼

4 PICK A GARNISH OR TWO

Mint

Dill

Basil

Toasted pine nuts

Hemp hearts

Crushed walnuts

TRANSPORT LE GOODS

▼

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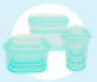

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GETTY IMAGES.

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SINCE 1872

FIND THIS ***White Chocolate Mousse Cheesecake with Sugared Cranberries*** RECIPE HERE.

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Stupid-easy holiday cookies for each kind of friend

Hope your oven is ready for a workout.

By SARAH WELDON
and
ASHLEY OERMAN

FROSTED SUGAR COOKIES

Like the friend who always texts to make sure you got home, these, too, are pure of heart.

THE INGREDIENTS

1 tube break-and-bake sugar cookie mix
1 can vanilla frosting
1 tube green food coloring
1 bottle sprinkles

THE RECIPE

1. Break the dough into little nuggets, and use your hands or a rolling pin to flatten them out.
2. Use a cookie cutter (a knife and a little imagination are also acceptable) to turn the blobs into smol trees.
3. Bake at 350 degrees until golden brown.
4. While you wait for the cookies to cool, mix the frosting with a few drops of green food coloring. Spread it across each tree in your tiny forest before dumping on as many sprinkles as you desire.

Candy cane dustings > good tidings and cheer.

SNOWBALL COOKIES

The BFF who keeps tabs on your frenemies (so you don't have to) will appreciate the messiest of treats.

THE INGREDIENTS

2 soft sticks salted butter
⅔ cup white sugar
2 cups flour
¼ cup pecans, smashed
¼ cup almonds, also smashed
½ cup walnuts, obviously smashed
1 heaping bowl powdered sugar

THE RECIPE

1. Cream the butter and sugar in a bowl until smooth.
2. Mix in your flour and (many) nuts before covering the bowl with plastic wrap and sticking it in the fridge. Let it chill overnight for #science reasons.
3. Preheat your oven to 350 degrees. Shape the dough into 1-inch(ish) round balls. Bake for 12 minutes and let cool.
4. Dunk each ball into a bowl filled with an obscene amount of powdered sugar. Voilà, you now have snowballs!

LEVI BROWN/TRUNK ARCHIVE.

PEPPERMINT BARK BROWNIES

For the pal who lets you use their Starbucks rewards points—because this'll taste freaking great with their go-to Gingerbread Latte.

THE INGREDIENTS

1 box Ghirardelli Double Chocolate brownie mix

¼ cup water

⅓ cup vegetable oil

1 egg

½ to ¾ cup crushed candy canes, depending on your level of festivity

1 tub vanilla frosting

THE RECIPE

1. Bake the brownie mix using the instructions on the box. Once done, set aside and let it cool.
2. Stick the candy canes in a ziplock baggie and smash to the beat of DMX's "Rudolph the Red Nose Reindeer" until they're sufficiently pulverized.
3. Generously spread the frosting on top of the brownies. When you think you're done, go back and add more.
4. Sprinkle on the crushed candy canes. Slice and serve up the corner piece first as a thank-you.

PEANUT BUTTER COOKIES

Similar to the friend who's helping you move next month, this guy is dependable year-round but *especially* great this season.

THE INGREDIENTS

2 sticks salted butter, softened

1 cup creamy PB (or crunchy, if that's how you really feel)

1 cup white sugar

1 cup coconut palm sugar

2 eggs

2½ cups flour

½ teaspoon salt

1 teaspoon baking soda

1 teaspoon baking powder

THE RECIPE

1. Use a hand mixer or A LOT of muscle to beat the butter, PB, and sugars together. Add your eggs and mix until you get one big glob.
2. In another bowl (stay with me), whisk the flour, salt, baking soda, and its friend baking powder before dumping the whole thing into the buttery goop you made earlier. Stir.
3. Pop your dough in the fridge for an hour—for best results, people!
4. Roll the dough into 1-inch balls, place on a baking sheet, and smoosh with a fork for those pretty lil patterns. Bake at 375 degrees until they begin to brown.

Hottie biscotti with the almond-filled body.

BISCOTTI

For the ride-or-die who makes all the plans, the adult of the Adult Desserts™ is the move.

THE INGREDIENTS

Get thee to a baked-goods aisle.

THE RECIPE

1. Throw a bunch of bagged biscotti into your cart.
2. Get in the checkout line, wait your turn, and pay for them.
3. Gift wrap. This friend is definitely not expecting (nor would they want) you to do any more work than that.

JUST A LIST OF THINGS THAT AREN'T FLIRTING BUT SURE AS HELL FEEL LIKE IT

By RACHEL VARINA

① That moment when someone offers to take your picture—and then takes it from multiple angles without you having to ask.

② You = asleep on a flight, drooling. The person next to you = grabbing an extra snack bag for when you wake up.

③ "This song reminds me of you."

④ New notification: A Very Cute Friend Just Liked Your Very Obvious Thirst Trap.

⑤ When a kinda random person calls you by your *full* name.

⑥ When a roller-coaster worker checks your seat buckle not once but twice.

⑦ Pretty much every compliment ever... but especially if it relates to how you smell/look/exist as a human.

"Did they just...? Oh, they did."

NATASJA FOURIE/KINTZING/REDUX.

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G.	Copies not distributed	130,876
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I.	Percent paid	72.19%

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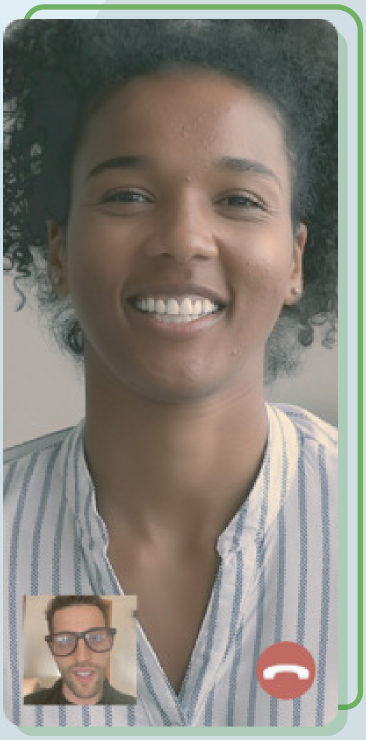


CONFESSIONS

SUPER-STEAMY

travel sex stories

Aka some inspo for your next vacay?

"All good things start at an airport. While waiting for my flight, a stupidly attractive baseball player sat down next to me. We started talking, and he even asked our flight attendant if he could move his seat to be beside me. Afterward, we exchanged numbers and went our separate ways… until we met up for dinner that night. We then went back to his team's hotel room, had amazing sex, and literally never spoke again."

—KAYLA, 28

"On a trip to Iceland with my now-fiancé, we went to the Blue Lagoon. Because of the silica in the water, you can barely see through it. Meaning: total waist-down privacy. The hundreds of people around us could see our tops bobbing about in the water, but with our hands and bottom halves hidden from view, we had the most incredible secret underwater sex. We pretended to be talking about normal things, and nobody even noticed!"

—KIM*, 30

"While walking home after a night of drinking in London, my English date and I went into one of the iconic phone booths just as we were about to say goodbye. We made out and he started tugging on my pants. I turned around and placed both of my hands on the phone booth windows, and he entered me from behind. Hearing him say 'You like that?' and 'Tell me what you want' in his accent alone was enough for me to be completely turned on. Everyone should study abroad, y'all."

—ROSE*, 23

"I went on a sex cruise so I could bang strangers in front of my husband."

---

*NAME HAS BEEN CHANGED.

Wonder what these two are up to....

"I met this woman at a bar in the Bahamas, and we realized we were staying at the same resort. We exchanged numbers, but because I didn't have cell service, I didn't see her again—until one morning in the hallway. Without saying anything, she just started making out with me up against the wall till we heard someone come out of their room. We separated and she continued walking down the hallway as if nothing had happened. Hottest mystery of my life."

—TANA*, 31

"A couple of years ago, I decided to take a solo, three-month backpacking trek in Australia. When I made it to the outback, I met my tour guide and was immediately drawn to him and his accent. On the last night of the tour, after everyone else had gone to sleep, he and I stayed up drinking beers by the fire. As we lay down, I scooted my sleeping bag closer to his, and we had—in the most cinematic, sexy, literally unbelievable way—sex underneath a sky full of glittering stars."

—ANNE, 34

"I did a trip to Augusta, Georgia, by myself and used Tinder dates to see the city. The plan was to go out with a bunch of random guys, but I ended up hitting it off with the first two I met. I couldn't decide who I liked more, so throughout the weekend, I hung with one during the day and the other at night. The final night I was there, I hooked up with one at his apartment, then left and took an Uber straight to the other guy's house. Honestly, I have zero regrets."

—MICHELLE*, 26

"While living in Italy, I met a man who was spending his summer in Venice. We spent two weeks meeting at piers, museums, and restaurants, and the sexual chemistry was at an all-time high. On the last night before he had to leave, he took me up to his hotel room and I saw that the entire wall across from the king-size bed was a mirror. We started having sex, but I didn't look at my reflection until we eventually moved into my favorite doggy position. I locked eyes with him in the mirror and orgasmed almost immediately."

—LIV, 27

"I went on a sex cruise so I could bang strangers in front of my husband. (We're ethically non-monogamous, so it's kind of our thing.) One afternoon, I sat on a Brazilian man's lap in a Jacuzzi, and he played with my pussy while the jets directly hit my clitoris. My husband watched from the side, thoroughly enjoying the view. It was exactly what my libido needed."

—ALI, 32

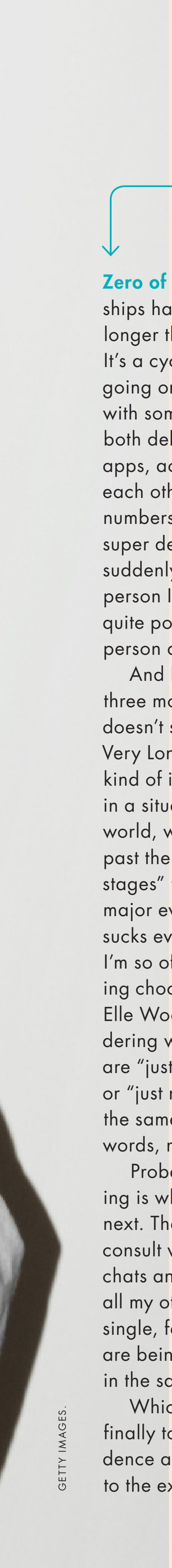
GETTY IMAGES. PHOTOGRAPH IS USED FOR ILLUSTRATIVE PURPOSES ONLY.

The scientific reason men ghost you after, like, 3 months

The good news:
This doesn't just happen to me.
The bad news:
This doesn't just happen to me.

By MEEHIKA BARUA

This phantom probably stalks your IG Stories too, huh?



GETTY IMAGES.

Zero of my relationships have lasted longer than 90 days. It's a cycle: After going on a few dates with someone, we both delete our dating apps, actually save each other's phone numbers, and get super deep. Then, suddenly, poof! The person I thought could quite possibly be *my* person disappears.

And look, I get it, three months of dating doesn't sound like a Very Long Time, but it kind of is…especially in a situationship world, where getting past the "talking stages" feels like a major event. So it sucks even more that I'm so often left throwing chocolate at the TV, Elle Woods style, wondering why these guys are "just not ready" or "just not looking for the same things" (their words, not mine).

Probably unsurprising is what happens next. The part where I consult with my group chats and realize that all my other straight, single, female friends are being spun around in the same cycle.

Which is why I finally took this evidence and turned to the experts—and something called *serious professor voice* evolutionary psychology.

So many mixed messages

According to said field of psychology, unlike most other animal species that pick a lane and stick to it, humans engage in two different mating strategies—short-term (i.e., seeking sexual chemistry) and long-term (i.e., looking to "settle down").

"This creates a good deal of conflict," says psychotherapist Jack Worthy, because it can lead to situations where people (cough, men) confuse short- and long-term attractions.

Here's how that works: In the first three months of dating, during what's called the infatuation stage, guys tend to experience "an intuitive, animal draw" thanks to strong physical attraction, says Worthy. So when dudes make big promises early on or talk about how much they like you, it may be because they actually feel like they *really* like you. Could a guy be lying at this point? Sure. But more likely, he's experiencing a rush of emotions and trying to make sense of it all.

Then comes the 90-day mark, around which time that euphoric feeling he associated with love can start to deteriorate. And at this point, "people will start to think about either deepening their level of connection or recognizing that this is not a relationship they will pursue," says licensed therapist Rhonessia Johnson.

Okay, but *why* though?

This is probably a good time to pause and mention that not every human of a certain gender experiences things a certain way. There are exceptions to every rule, and we're all unique. But brain development is one possible factor for this three-month ghosting pattern. See, as women's brains mature, they form more neural connections between the right and left sides, which later help women express emotions and communicate with others. For men, though, it's the opposite. They have less connectivity between the right and left sides of their brain, which can make them more, well, single-minded. This is one reason they may tackle issues differently and prefer to solve problems without receiving input from others.

You know, "problems" like whether to stay in or leave a relationship at a critical juncture. While a woman may want to work through things more collaboratively to see if there's a legit connection, a man's instinct may be to "look after himself—and only himself," says Johnson. Cue: a disappearing act, the most "and only himself" kind of breakup there is.

The case for taking things slow

Since men (and tbh, women too) are able to think more clearly once the initial lust calms TF down, it's probably best to keep things relatively casual in the first few months of a new relationship. Once you've exited the infatuation stage, you can step back and evaluate where your feelings actually stand and whether or not you both see this as a long-term thing.

Truthfully, for me, just becoming aware of all this has been hugely helpful in and of itself. Somehow, breaking down the science has made me feel more confident about navigating future situationships with a little more clarity. And a little less wasted chocolate.

60%

of you have "trouble making it past three months" with new people you're dating.

SOURCE: *COSMO* POLL

A man's instinct may be to "look after himself—and only himself."

12 tricks to make car sex the best sex

We're talking steering-wheel-imprinted-on-your-ass amazing.

By RACHEL VARINA

GLENN GLASSER/GALLERY STOCK.

It feels like just yesterday that I was fumbling around in the back seat of my high school BF's sedan, inhaling his Hollister cologne like it was a goddamn aphrodisiac and discovering the joys of relative privacy. Ah, youth!

But somehow once adulthood hit, I just kind of...forgot how actually good this type of hookup can be. Maybe it was the not-so-sexy pile of spare shoes and random junk in my back seat or the fact that a home is just way more convenient to screw in. But after researching this story extensively, I can truly say we should all work the automobile back into our rotations. Because guess what? "We could get caught" car-sex vibes are still super hot. And unlike when you were a horny teenager racing to hit curfew, you can now take your sweet time.

First, a few tips to help you stay in the moment (no eau de Hollister required).

①

Go somewhere you have a low chance of being seen (your driveway, your garage, a secluded place when it's already dark outside).

②

Don't do anything while the vehicle is moving. Despite what you may have seen onscreen, it is absolutely a terrible idea to endanger anyone in the name of road head.

③

Make sure your parking brake is secure, your engine is off, and you're not on a hill. There's nothing arousing about sliding backward mid-sexing.

Honestly, this is bolder than we'd advise, but go off, besties.

Now, here's how to have car sex that's a little more "Let's do *that* again" and a little less "Can I copy your Spanish homework after this?"

MAKE COMFORT A PRIORITY

Okay, so it goes without saying that there is basically zero space in here. But even if it's a tight squeeze, you do have options. Move into the back. Recline your seats. Scooch them all the way back. Borrow your mom's minivan. (Kidding! Kinda!)

PARK WHERE YOU CAN SEE THE STARS

The stars mixed with the glow of the dash can be your $free.99 way of setting the mood. Bonus points if you have a banging (literally) playlist at the ready.

STOCK UP ON THE ESSENTIALS

You don't need to have a legit sex store in your car, but stash some pillows, blankets, condoms, tissues, a small trash bag, and a bottle of lube in the back seat beforehand.

DON'T GET FULLY NAKED

A flowy skirt or dress works as a sort of tent to hide your business. It's all about easy access here, folks, and not about awkwardly sliding out of a whole entire pair of jeans from the passenger seat. Also, hi, there's something uniquely sexy and urgent about humping with your clothes on.

DIY SOME BDSM SEXCESSORIES

Strap your partner in for submissive-style oral. Bind their wrists to the headrest with whatever you have on hand. (Dog leash? Sweater? Ex's sweater? All fair game.) Use the owner's manual in your glove compartment—yes, it's there—as a spanker. *Fifty Shades of a 2019 Grey Jetta*, amiright?

PLAY IT HOT AND COLD

Blast the A/C for a couple of minutes, then switch to heat or turn on the seat warmer while the air conditioner is running. The temperature play adds a surprise factor. If you ever dreamed of recreating that steamy *Titanic* scene (cue: hand on window), this is your secret weapon.

~Car-friendly positions~

Apologies in advance for the pun, but these ways to go at it will most definitely rev your engine.

AUTO ORAL

So, oral sex is probably the easiest thing to do in a car. All you have to do is lean over into your partner's lap or head to the back seat. That aforementioned flowy skirt will def come in handy here.

ROAD COWGIRL

Have your partner sit in the passenger seat, get in their lap, grab the headrest for leverage, and go for a ride. You can also try for some reverse-cowgirl action.

CAR DOGGY

Try reclining the front seat all the way back, then lie on your stomach and have your partner crouch over you to enter you from behind.

Your horoscope for the whole year ahead

It's better than 2020 and 2021 combined.

By JAKE REGISTER

♈ ARIES

(03.21–04.19)

Think of this year as a test run for Future You—like, 20-years-from-now Future You. Jupiter, planet of growth, is in your sign from May through October, so anything you start now will have major significance in your life trajectory. Just one thing: You'll have to get rid of past baggage to make room for all of this very, very exciting stuff.

♉ TAURUS

(04.20–05.20)

So, you have a reputation for being just a liiittle bit stubborn. But 2022 is your year to show that you're *also* determined to make shit happen. Fresh connections, big travel plans, and a total shift in perspective are in the stars for you. By January 1, 2023, you'll be a whole new Taurus.

♊ GEMINI

(05.21–06.20)

Teamwork makes the dream work! The first half of the year is all about longevity and committing to what you're doing now—two things you're not really a fan of, but just think progress (and cash!). The second half of the year is all about introducing new commitments and intimate relationships. *wiggles eyebrows*

♋ CANCER

(06.21–07.22)

Get ready to come out of your crab shell to take in tons of information about things you didn't even know that you didn't know—and readjust your professional, personal, and relationship goals to fit what you've learned. Be flexible! It won't be easy, bb, but the stars are telling you now is the time to grow.

♌ LEO

(07.23–08.22)

Work hard now, play harder later. At the start of the year, you'll be buried in work projects, personal projects, project projects, etc. But after Jupiter enters Aries in May, you'll start to see the results of all your efforts. The sense of pride is gonna feel amazing, and all the money you'll make is even better!

♍ VIRGO

(08.23–09.22)

As the always hardest-working sign, you deserve a break, Virgo. And it's here: The first chunk of 2022 is about having fun, feeling frisky, and flirting. You and your boo (either a longtime love or a new cutie) are growing together, and by the end of the year, you'll be (a) *thisclose* and (b) a total power couple.

The best days for...travel

By SIX

March 21: Jupiter forms a conjunction with Mercury, the planet of travel. Vacation, staycation, whatever—just have fun!

April 23: Mercury is conjunct the North Node, so don't be surprised if you meet your soul mate while traveling.

July 16: You're remembering what's most important, thanks to Mercury conjunct the Sun in Cancer. Return to a place that makes you feel sentimental, or visit loved ones from your past.

November 21: With Mercury conjunct Venus (the planet of beauty and pleasure) in Sagittarius, there's no better time for a romantic getaway.

LIBRA

(09.23–10.22)

Time to get to work—on yourself. It's not like you've been staying up till 2 a.m. playing *The Sims* every night for two years, but…now is the moment to set some healthy habits. Do this now, because from May through October, Jupiter in Aries is the best transit of the *decade* for your love life, and you'll want to be prepared. Trust.

SCORPIO

(10.23–11.21)

Remember when you were a little kid and absolutely obsessed with American Girl dolls, Pokémon, whatever? That's called passion, and it's something you haven't felt in a while. Until now. This is your year to fall in love—with a person, a hobby, maybe even yourself—and then share that passion with the world.

The best days for… love

By JAKE REGISTER

April 30: Venus is conjunct Jupiter in Pisces, making you look good and feel amazing.

July 25: Others are eager to show you some love while Venus in Cancer squares Jupiter in Aries.

November 15: Venus in Scorpio is trine Jupiter in Pisces, and you're mending damaged relationships and making strong connections even stronger.

December 9: Venus in Sagittarius is square Jupiter in Pisces. Translation: Reflect on how far you've come, then shoot your shot to make your ~lurve~ dreams come true.

The best days for…hiding under the bed

By SIX

January 14: The first Mercury Retrograde of 2022 begins.

April 29: Now Pluto is retrograde, rerouting your plans.

May 10: Mercury Retrograde is back, and it's in Gemini.

June 28: Neptune Retrograde = illusions everywhere.

September 9: Another Mercury Retrograde begins in Libra. Beware of wardrobe malfunctions.

December 29: Yes, you get FOUR Mercury Retrogrades this year instead of three—for the first time since 2017. But overall, that's the worst news there is?

SAGITTARIUS

(11.22–12.21)

Hi, sweetie, it's time to come back to Earth. This year, you'll be getting in touch with your roots, revisiting your younger self (cue that TikTok sound: "Every now and then…"), and thinking about who you want to become. Schedule alone time and plenty of naps. It's all about learning to feel "at home" with yourself.

CAPRICORN

(12.22–01.19)

The year starts off with a bang thanks to fiery Mars in your sign inspiring you to set bold goals and work your ass off to reach them. As independent as you are, though, things just aren't going to work unless you start including other people. It's time to open yourself up to the idea of a plus-one (or three or four).

AQUARIUS

(01.20–02.18)

As the saying goes, if you have one foot in the past and the other in the future, all you're doing is pissing on the present. The first half of 2022 wants you to live in The Now. Stay steady, do your work, and, most important, celebrate your successes. After you've checked everything off your to-do list, you can start planning ahead.

PISCES

(02.19–03.20)

The people you surround yourself with say a lot about who you are, Pisces, and your squad isn't looking too hot. The beginning of 2022 is a game of musical chairs with friends sliding in and out of your circle, but by the end of spring, you'll have found your true crew—and your life will be much better for it.

Illustrations by EMILY PERELMAN

HAILEE STEINFELD IS READY TO HAVE SOME FUN

The 24-year-old *Hawkeye* star is coming out of her "sad girl" phase—and feeling really f*cking great about it.

Photographs by ELLEN VON UNWERTH
Fashion by CASSIE ANDERSON
Interview by EMMA BATY

Shot on location at Brooklyn Point, a new luxury apartment building in NYC with particularly epic views.

Aya Muse dress. Chloe Gosselin heels. Erickson Beamon earrings. Mateo ring.

Hailee Steinfeld insists her place is "a mess." She's 10 days from moving out of her New York City apartment, and she and her mom are "in the scramble," she says. (FWIW, when I ask whether it looks like a war zone on the other side of her camera, she turns her laptop around to reveal an apartment that...still looks cleaner than mine on its best day.)

The move is just one thing on Hailee's bursting about-to-do list. She's also wrapping up the third and final season of the longest project she's ever worked on—the Apple TV+ series *Dickinson*, in which she plays the titular poet Emily. And then there's the Marvel series *Hawkeye*, hitting Disney+ on November 24, which begins her highly anticipated journey as the bow-and-arrow-wielding Kate Bishop. There's also (like I said!) the new music, out in 2022, which fans have been begging for since she released her pop-songs-you-sing-in-the-shower EP *Half Written Story* a year and a half ago, after a rumored breakup.

"I've gone from 0 to 100," she says as her puppy, Martini, a Yorkie in pigtails, snuggles into her sweatshirt. The week before our interview, Hailee was cruising around the Venice Film Festival. The day after our call, she'd be front row at Michael Kors for New York Fashion Week (with my boss, *Cosmo* EIC Jessica Pels). Three days after *that*, she was working the red carpet at the Met Gala.

So, as established, Hailee is *busy*. But after a long pandemic-induced homebody period, she's just excited to be doing literally anything. "I was so happy to have the weirdly forced break, but I'm happy to be back in it," she says. Happy, also, to take your questions—because *Cosmo* invited you, dear readers, plus pretty much all of Instagram, to jump into this conversation and ask whatever you want. Here's how that went.

**Stella McCartney dress.
Cartier earrings.**

Emma Baty: Okay, first question is from me, because I'm very curious: How have you, a busy famous person, taken care of yourself during the past year and a half?

Hailee Steinfeld: There are people I've worked with who I love and admire who have that mindset like, "I don't need breaks; I love what I do," and you believe them, right? There's part of me that wants to be "all work, no sleep." But listen, I need eight hours. If I don't get that, you're not gonna get the good version of me.

EB: Yeah, I had a pandemic epiphany where I was like, "There is work and there is life, and they are not the same."

HS: I realized maybe four months in that my life—my family, my friends—all revolved around my work, which I love so much and makes me so happy, but it does tire me. Now I'm realizing, as time goes on and we're still in a funky place with it all, how and where it's affected me and why.

EB: I got a lot of questions from fans that simply said, "New music?" And then others that asked if your new album will break from the theme of your last EP, *Half Written Story*, which was heartbreak-y and angsty.

HS: Toward the beginning of the pandemic, I released that EP and was very proud because I felt like I had articulated this pain I was feeling that at one point, I felt like I couldn't put into words. What I was going through was like, *I don't wanna talk about this. I don't want people to know.* I felt that all I had to do was write it and then nothing had to happen after that if I didn't want it to. I had my little angry, sad girl moment. That was kind of all I needed to get back on track to make music that makes me want to dance and feel good. Then I so badly wanted to go out and party and drink and see people and hug people and touch people and talk to people. I was like, *Let me create this world I have never really wanted as bad as I do right now and see what the heck that sounds like, looks like, and feels like.* I'm a huge believer in the power of manifesting. I'm in a place right now where I'm pretty sure I know what I want for me, in relationships, work, and life in general. So that's what I'm after. I'm painting the picture of what all that looks like.

EB: What exactly are some of those things you want?

HS: I want a partner who is, first and foremost, loyal and honest but confident in themselves and able to do their thing while I do mine. It's weird talking about it because it's been in my head for so long. A lot of this music is also about taking control and taking ownership of one's self. But I also think there's power in claiming what you want, and maybe what you want is not to be alone.

EB: During the first year of the pandemic, I feel like a lot of people who were single, myself included, went through questions like, "Who do I want to take on the world with?"

HS: The question that you just asked is basically it. "Who do I want to take on the world with? What kind of person is that? What do they look like? What do they stand for?" They're not necessarily questions I have the answers to, but I'm asking the questions, whereas they didn't occur to me before. That's the part of my life I'm excited to be in, that I'm even thinking that way.

EB: I know you keep your dating life pretty private, but your fans are endlessly curious about it. What can you say to people who are dying to know?

HS: I am very focused on myself and couldn't be happier about it. I have moments where I'm like, "All my friends are engaged, married, dating." What a wonderful thing that seems like, right? I really don't ever have moments of, *Oh god, I feel so single*, but it is funny how in the past year or so, a lot of people have gotten engaged or married. I'm like, "Everybody's gotta slow down for me, okay?"

EB: Totally. I got an actual metric ton of questions from fans about *Dickinson*. One asked: "How does it feel to be a gay icon?" (By the way, they signed the question with "EMISUE FOREVER," the internet's couple name for Emily and her sister-in-law/lover, Sue.)

HS: Wow, thank you? It feels pretty amazing to be part of a show that makes people feel like they can fight against whatever box anybody is trying to put them in and to play a character who was so unapologetically herself during a time when being who you are was wildly unacceptable. There was one path that women were supposed to take, and she was running in the opposite direction. I just love that about her.

This page: Dolce & Gabbana blazer and bodysuit. Cartier earrings and rings. Opposite page: David Koma dress. Wolford stockings. Cartier necklace and rings. Perrier-Jouët champagne.

“I so badly wanted to go out and party and drink and see people and hug people and touch people and talk to people.”

EB: During the first few episodes of the new season, the *Dickinson* characters face a lot of the same issues we’re facing right now. A big one is how you grapple with this huge thing—in their case, the Civil War; in our case, the pandemic—while trying to live your life. Did it feel cathartic to work through that?

HS: Yes. As a huge fan of music, film, and TV, I turn to that. There are certain artists who have gotten me through things, who helped raise me. There are movies and TV shows that I feel like I can turn on and just, like, forget everything that’s going on in my life and lose myself. This season, Emily really struggles with finding a way she can help anyone. There were absolutely moments where I felt the same—struggling with figuring out that fine line of feeling like I was doing something. I was able to cope and understand that I was, through Emily and through this season of the show.

EB: A bunch of other *Dickinson* fans asked me to ask you, without spoiling the ending, whether you feel like you were able to complete the story in a way you’re happy with?

HS: Ha, imagine I’m like, “I don’t know.” No, I absolutely do. This story and this season specifically is very hopeful, and there is, of course, loss and heartbreak and the weird and wild *Dickinson* humor. But it all wraps itself up in a way that leaves you feeling good. And it’s not over, in a sense. Emily Dickinson’s work lives on, and this show will hopefully live on.

EB: We could talk about *Dickinson* forever, but people also really want to know about *Hawkeye*. What was it like working with Florence Pugh, who plays the second Black Widow, Yelena Belova? Did you know right away you’d get along?

HS: Oh, one hundred percent. I honestly felt that right away. And I hope to god she’d say the same thing. Jeez. Now that I say it, I’m like, “I knew right from the start!” And what if she was like, “This girl?” No, I think we just had similar energy. We had a moment together where we were shooting and something went wrong. There was no recovering from it. I started laughing so hard that somebody thought I was crying—I don’t know what that says about my laugh—and I just remember a flood of people rushing in and being like, “Is everyone okay?” And I’m literally facedown on the ground, just hysterically laughing. Mind you, we were in a scene that was in no way, shape, or form meant to be at all funny. We really did have a wonderful time together.

EB: I remember when I first heard that Florence’s character would be entering the *Hawkeye* universe and thinking it was going to be very fun to watch you two together. How did you feel when you got the role?

HS: When I found out I got the job, I was actually pulling up to set on *Dickinson*. My driver got out of the car and went to open my door and I held it shut because it was like, “I need a moment.” I hadn’t gotten a “you got the job” call in a minute. My mom was on the phone and I started crying in the back seat of the car. I was like, “Wow, this is so wild.” I was trying to wrap my head around how different it was going to be from *Dickinson* and how ready but anxious I was about the whole thing.

EB: And the characters *are* so different. Which ability would you rather have—Kate’s archery and fighting or Emily’s writing?

HS: Oh my god. Emily’s writing because the fighting you can learn. That kind of writing is, I mean, literally just so hard to even comprehend. That’s a god-given, born-with ability that I would love to have.

EB: One last *Hawkeye* question: What, if anything, can you tell us about your adorable sidekick Lucky the Pizza Dog’s appearance in this series?

HS: What can I tell you? Kate and Lucky are pretty much on this journey together. The real dog who plays Lucky—his name is Jolt—got me thinking I needed to get Martini in training. And I was saying to Jolt’s handler, “I would love for Martini to know ‘sit’ and ‘come’ and whatever.” And he was like, “Leave her with me for two weeks and I’ll have her doing what Jolt’s doing.” And I was like, “First of all, I’m not leaving her with anyone for two weeks. Thank you very much.”

EB: And now for some fun rapid-fire questions. Best red carpet run-in of all time?

HS: My first Met Ball ever, I walked onto the carpet the same time as Beyoncé and Gisele. I literally was in maybe four or five photos that year, and Gisele is, like, fully behind me in all of them. I will never forget that first Met. I couldn’t walk three feet without being like, “And there’s J.Lo. And there’s Beyoncé and Jay-Z. And there’s Gisele and Tom Brady.” It was the most surreal thing.

EB: You’re a Sagittarius—what’s your most stereotypical Sag quality?

HS: My spontaneity, which has come through a lot more in the past few years. Maybe because my life has been so routine for so long that I’ve gotten to a point now where I can drive, go places, do things on my own as my own person. And not that I couldn’t before, but now, if I can do something, I’m gonna do it and I’m not gonna overthink it.

EB: What have you been listening to nonstop?

HS: I’ve been going between Daft Punk, Doja Cat’s new album, and a ton of the Beach Boys.

EB: Who’s your dream musical collaborator?

HS: Ed Sheeran.

EB: Fuck, marry, kill: a glass of wine, a gin and tonic, and a martini (the drink!).

HS: Kill the G and T, fuck the martini, marry the glass of wine.

EB: Can you make a good martini? They’re hard to master.

HS: I’m working on it.

Aya Muse dress. Erickson Beamon earrings. Mateo ring. Hair: Luke Chamberlain. Makeup: Kristine Studden. Set design: Brian Crumley for Rob Strauss Studio. Production: Crawford & Co Productions. Location: Brooklyn Point, brooklynpointnyc.com.

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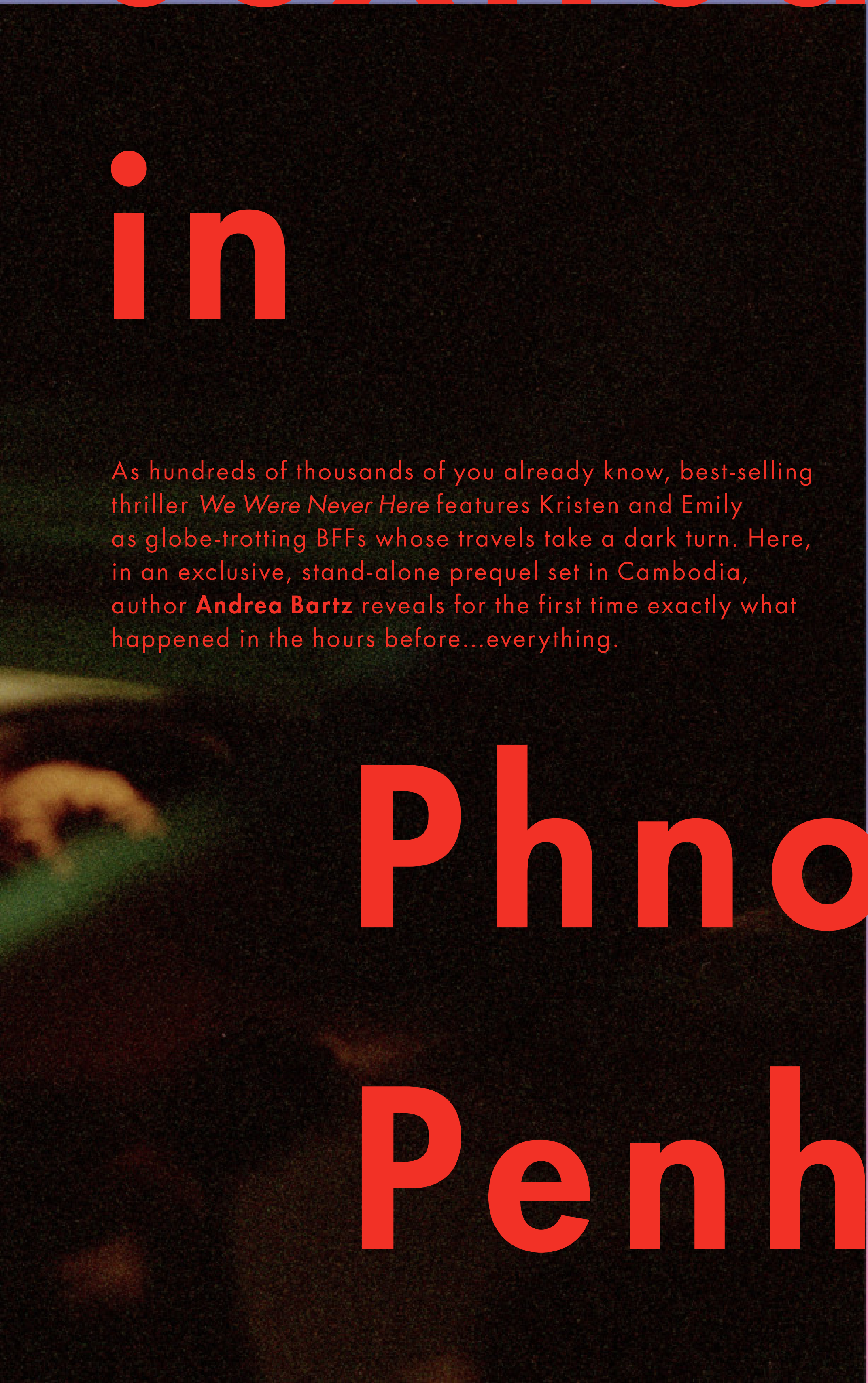


As hundreds of thousands of you already know, best-selling thriller *We Were Never Here* features Kristen and Emily as globe-trotting BFFs whose travels take a dark turn. Here, in an exclusive, stand-alone prequel set in Cambodia, author **Andrea Bartz** reveals for the first time exactly what happened in the hours before…everything.

the kick—everyone saw it

coming except the man whose waist it clobbered. I shuddered at the thud, bracing my own core, and watched as he crumpled.

The crowd boiled with cheers. Around me, people stamped their feet and stabbed the muggy air with their fists and screamed and screamed and screamed, ear-splitting yells as if the cowering, topless man in the boxing ring were their nemesis.

When we'd first walked into this arena a moment ago, the ring and stands around it had appeared like a fever dream, *kapow*, even brighter and dizzier than the nightlife street we'd left behind. In the center, two tattooed men in shorts traded blows with shiny boxing gloves, and the audience bellowed and booed. I'd stopped at the door, rapt. Then Henry, a head taller than most of the attendees, grabbed my forearm and led us deep into a pen of rowdy spectators.

I let my other arm trail behind me, and Lucy clutched my fingers. We'd only been friends for a couple of hours, but already I felt at home in the roiling mob of tourists and locals with the two of them flanking me. Usually, I was the one befriending strangers, but earlier tonight, Henry had been the one to turn to me. I was standing there, grinning, on a teeming Cambodian block lined with bars: neon lights and low tables and plastic stools studding the sidewalk out front, a throng of backpackers jockeying for cheap beer at the counter. He'd asked what I was smiling about, and when I told him my best friend Emily had floored me by chatting up a hot South African dude and then sneaking off to hook up with him in our hotel room, he'd rolled his eyes.

"My ex is South African and he had the tiniest dick. Let's hope she has better luck."

He was from London, he said—witty with twinkling blue eyes and a sunburned nose. He introduced me to Lucy, a Canadian he'd met on their hostel's rooftop earlier in the week, and soon the three of us were a cheery trio.

I loved their ease with one another, their happy camaraderie on the carousel of travel friendships. If our past trips were any indication, teaming up with other voyagers was always a good idea. Emily called them "friend flings": the fleeting but fun connections we'd forged with fellow travelers in Vietnam, which we'd visited two years earlier, and on last year's epic journey through Uganda.

A boxer declared victory, gloves high, jaw set, and the masses screeched and cheered, their collective shouts shaking the floor like a subwoofer. We were packed mosh-pit tight, arms buffeting my sides, feet stomping onto mine. Subtly, I slid the wad of Cambodian riel—local cash—from my wallet down my top and slipped my phone into my bag's one zippered pocket. Onstage, a fresh duo climbed into the ring and Henry elbowed me enthusiastically. I raised my arms and hooted along with the crowd.

Coming here had been their idea—they'd discovered *pradal serey*, or "free fighting," from a friendly tuk-tuk driver a few nights earlier. Lucy mentioned it toward the end of one of those travel-tip-extravaganza discussions—we'd all seen Phnom Penh's highlights (the Royal Palace, the sobering Tuol Sleng Genocide Museum, and that belly-dropping cliff beyond the city lights), and they spoke over each other with new recommendations for the final days of my trip: a cave that vomited thousands of bats at dusk; a speakeasy with its entrance disguised as a Coca-Cola machine. Plus this: a must-see they could accompany me to right now.

"You think Muay Thai is exciting, but...Christ," Henry had announced. "The Cambodian kind is *intense*."

They both had motorbikes, and my own travel companion was (ahem) occupied in our hotel room until midnight, our agreed-upon sexile curfew. (I still couldn't believe she'd gone through with it—Miss Play It Safe laughing at this bearded fellow's jokes, touching his arm, eventually suggesting they "get out of here." Such game! Vacation Emily is truly the best Emily.) So I stuffed my head into Henry's helmet and clutched his waist as we

PREVIOUS SPREAD: PATRICK ZACHMANN/MAGNUM PHOTOS.
THIS SPREAD: MILLENNIUM IMAGES/GALLERY STOCK.

roared into the night. He left his skull exposed, and we jerked and careened and narrowly bypassed pedestrians as we sped out of the city center.

A black boxing glove connected with a fighter's face and knocked an arc of sweat into the air. It hovered under the lights for a moment alongside all the dust and mustiness, the clots of cigar smoke, and stink of bodies. Although this was a sanctioned event—we were at a TV station, apparently—the space had an illicit timbre: out-of-control men betting and shouting, cosplaying as ne'er-do-wells. A boxer swiveled his taut torso and launched his leg in the air, and I gasped as his shin hit his contender's skull. Knockout!

"I'm going to fight my way to the bar," Henry yelled, ducking his head. "You two want anything?"

"Get me an Angkor," Lucy bellowed back.

I shook my head. "You don't have to buy me anything."

Henry leaned closer, grinning. "It's about 50 cents, innit? I think I can manage."

I waved my hand. "No, thank you!"

"Suit yourself." He pushed into the throng, which swallowed him whole.

Limbs pressed against me and someone splashed a cup of jaundiced beer onto my shoulder. I felt less anchored without Henry nearby—which annoyed me. Why should the presence of a friendly man bring me confidence, strength? People sloshed against us and pushed me off my center. It was like standing in a rushing river, with bodies churning and eddying all around.

I turned back to Lucy. "I'm going to get some air."

She nodded and watched me elbow through the crowd, back through the unmarked door where a bored-eyed security guy had given us lackluster pat-downs when we arrived. Now it felt strangely peaceful outside, with night insects screeching and a clump of boxers smoking and speaking sleepily under orange lights. From out here, the studio looked like a small warehouse, its concrete bricks cloaking the chaos inside.

I noticed a Cambodian woman leaning against the wall. Her hair was in careful braids and her black robe shimmered in the anemic light.

A female *pradal serey* fighter—score.

"*Susadei*," I greeted her. "Do you speak English?"

She smiled. One of her canine teeth was missing. "A little."

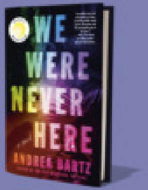
"What's your name?"

"Tevy." She pressed her palms together at her chin. I thought of yoga, of saluting the sun. That brief beat of reverence.

"I'm Kristen." I returned the gesture. "It's so cool that you fight. What's it like to be a woman doing this?"

She dipped her head. "I fight to make money for my family," she said. "But I like to be strong. If I do not defend myself…"

I nodded. "…no one will."



WANT MORE?

Pick up *We Were Never Here* in bookstores or online now.

She offered me her cigarette and I took a solemn, single puff. The nicotine steadied me enough to face the bedlam of the arena again, and I wished her luck before heading back inside.

Henry's corn-silk hair poked out from the audience like a scarecrow above a field, and I headed toward it. A third pair of athletes, magnificent in their silk robes, entered the ring right as I reached Henry. One fighter landed a jab to the other's kidney. The air churned with humidity and the sweat of slick arms slipped against me and—

Something was bothering me. It was like a bee that wouldn't leave me alone, bumbling and bumping against me, begging to be noticed. Something from just before I went outside. I crossed my arms in front of me and let the fight scene before my eyes blur. I rewound through the past 20 minutes, watching it in reverse, the mass of humanity girdling the ring, a slosh of cheap beer levitating from my shoulder…

Cents.

I jerked my head to the right, but Henry was gone.

It's about 50 cents, innit? But Henry said he was from London. He'd think in pence. *Fifty p.*

A spectator lost his footing and tumbled onto me, grabbing at my limbs as he plummeted to the sticky floor. I looked around wildly. It was like a scrim had been yanked off the scene and suddenly it was too riled up, too loud, too close. Deep in my gut, nerves and instincts fluttered like a murder of crows: *Get out of here.*

"I need to go," I yelled to Lucy, leaning close.

Her eyes darted behind me, and then she grabbed my forearms. "You're not having fun?" she called back, too close to my ear.

"I need to—" I started, and then froze. Amidst all the chaos, the rumble, the light and sweat and noise, I felt it as clear as the clang of a bell:

Someone was reaching into my purse.

Tevy's face flashed in my mind, the missing tooth and knowing eyes. *If you don't defend yourself…*

I didn't think—I just acted. I jerked away from Lucy's palms and swung my fist as I whirled around. It connected with something, flesh on flesh, squishing the skin and crashing against a jawbone with all the strength I could muster.

"Ow! What the hell is wrong with you?!" Henry was clutching his chin, his eyes wild.

My heart galloped in my chest. I pulled my purse against my stomach and watched his eyes meet Lucy's behind me.

The circuit lit up. I'd been duped. I was an idiot.

Henry didn't have a British accent anymore.

"Screw you both," I hissed, and then I darted into the crowd. Tears pricked my eyes as a groundswell of emotions rose through me—shame that I'd trusted them, that I had let my guard down and could've lost my phone or wallet in the process.

But power too. My knuckles tingled where they'd connected with Henry's face.

I am not your easy mark.

I followed strangers to the far side of the arena, and a main door spat me out into the night. There, tuk-tuks were lined up like cattle, covered buggies hitched to motorbikes that shuddered and belched choky gray smoke. I flung myself into the back of one and showed the driver our hotel on a map. He nodded and hit the gas and I nearly tumbled out the side.

My knuckles tingled where they'd connected with Henry's face.

My hands quivered. *How dare they? What else did they lie about? Are they old friends from North America, getting off on robbing solo travelers and blaming local pickpockets?*

Phnom Penh streaked past. We gunned through alleys and narrow passageways, weaving past fruit stands and ice-cream carts. There was something else marbling the horror. I was elated. Indignant and strong, full of gorgeous, righteous anger. Henry and Lucy or whatever their real names were—they'd messed with the wrong traveler. I couldn't wait to tell Emily about it and hear how her night had gone—it had to have been better than mine.

With a final swerve and a clunking stop, the driver dropped me in front of our hotel. I checked my phone—it wasn't quite midnight yet, but hopefully, Emily and the South African guy would be clothed by now. I unlocked the front door, made my way down the sallow, silent hallway, and paused in front of our room.

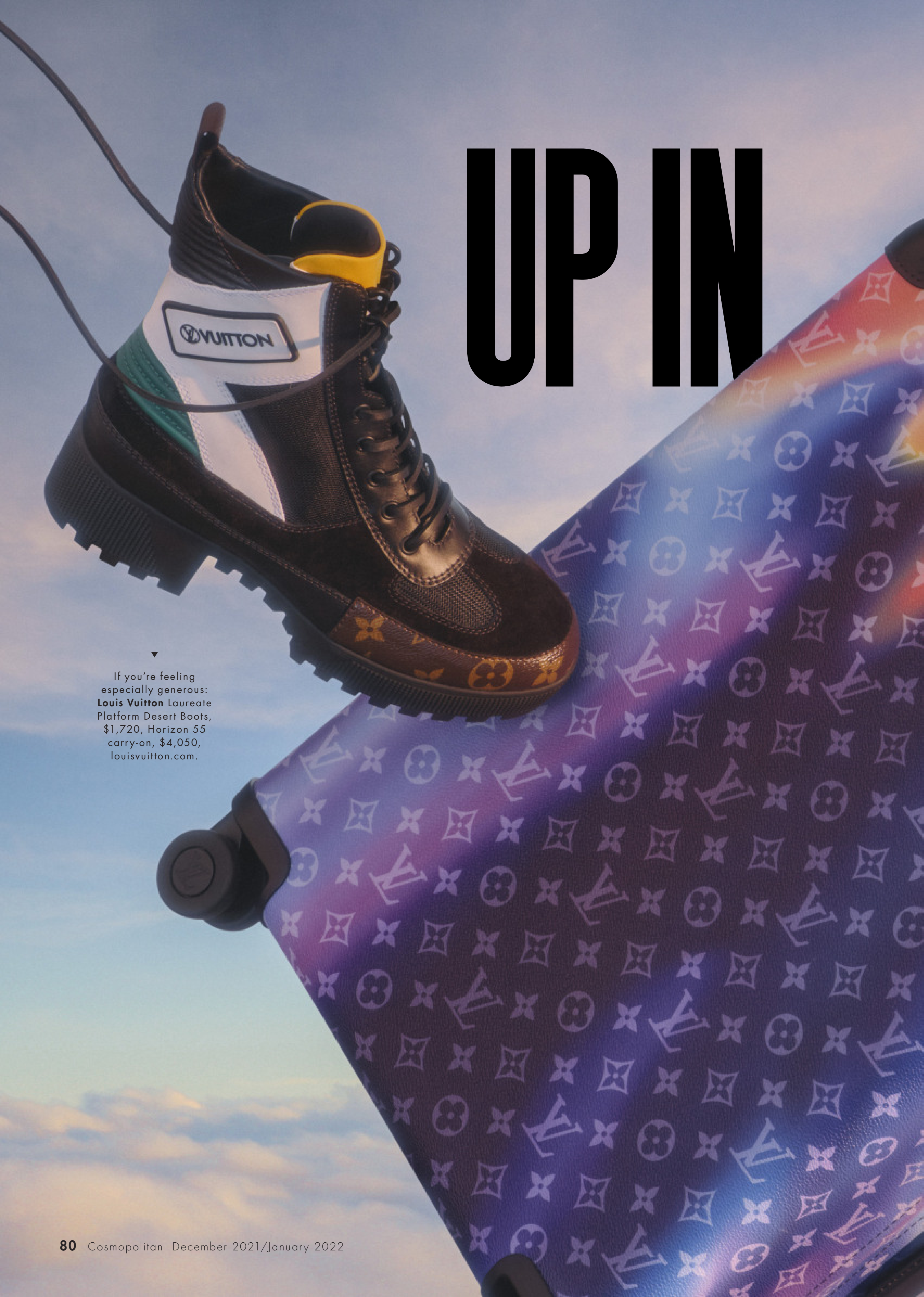
I didn't yet know how, when I stepped inside, the musky tang of Emily's fear would bristle the air and straighten my spine. I didn't know I'd cry out in terror and, in an instant, regret every glib, gleeful thought I'd had about leaving Emily to her own devices. I had no idea that life was about to change forever, rupturing in tandem with skin as blood lapped against the tile floor.

I straightened my shoulders, preemptively smiling. I'd tell her about Tevy and how I'd clocked a scammer in the face.

I stuck my key in the lock, turned the handle, and pushed.

MILLENNIUM IMAGES/GALLERY STOCK.

UP IN



▼

If you're feeling especially generous: **Louis Vuitton** Laureate Platform Desert Boots, $1,720, Horizon 55 carry-on, $4,050, louisvuitton.com.

Yet another weird, who-knows-what's-happening holiday season calls for gift ideas that look to the it's-all-happening future. So: Give your people the present of a particularly fab trip, no matter when they take it.

Photographs by **JAMIE CHUNG**
Fashion by **ANDREA ZENDEJAS**
Words by **RACHEL TORGERSON**
Props styled by **JJ CHAN**

GIFT GUIDE

THE AIR

SO HUSTLE! SO BUSTLE!

Eleven things every city trip needs—and every city girl will appreciate.

STELLA McCARTNEY

▼

Stella McCartney Keep in Touch Cropped Sweater, $1,095, stellamccartney.com. **Brother Vellies** Jogger Sneakers, $315, brothervellies.com.

EAT. SWEAT. UNDRESS.
KOKO NI
PARFUM CHEVEUX

Eat. Sweat. Undress. Hair Mist in Koko Ni, $65, eatsweatundress.com

Apple AirTag Leather Key Ring, $35, apple.com

Statement sunnies are part of pretty much any major moment out on the town.

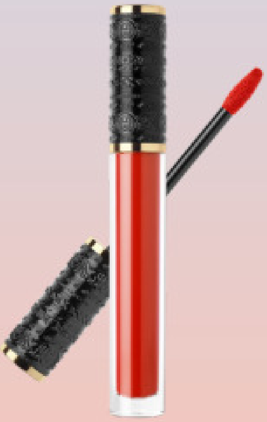
Lexxola Antonio Tortoise sunglasses, $260, lexxola.com

Vetrerie di Empoli Arlecchino Water Goblet, Flute, Wine Goblet, $100 each, lustare.com

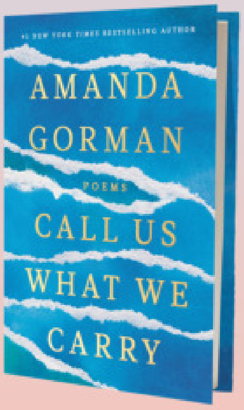
Simon Miller Mini Retro Bag, $250, simonmillerusa.com

Ganni Leather Mid-Calf Chelsea Boots, $445, ganni.com

Telfar Medium Duffle, $390, telfar.net



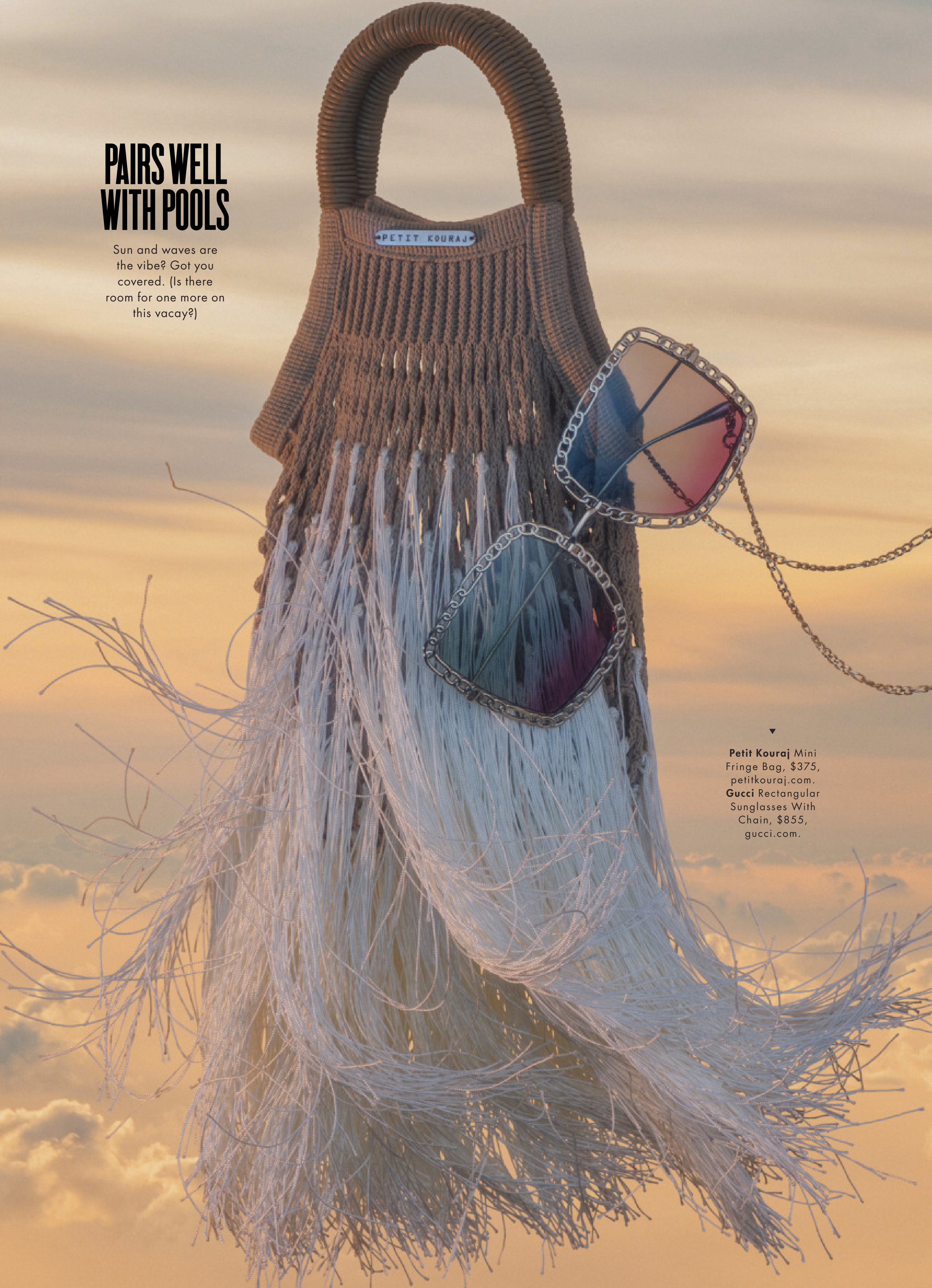
Kilian Paris Le Rouge Parfum Ultra Matte Liquid Lipstick in Rouge Immortel, $56, bykilian.com


AMANDA GORMAN
POEMS
CALL US WHAT WE CARRY

Call Us What We Carry book, $22, barnesandnoble.com

PAIRS WELL WITH POOLS

Sun and waves are the vibe? Got you covered. (Is there room for one more on this vacay?)



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Petit Kouraj Mini Fringe Bag, $375, petitkouraj.com. **Gucci** Rectangular Sunglasses With Chain, $855, gucci.com.

TUSCANY
MARVEL
HAMPTONS
PRIVATE
PROVENCE
GLORY
MIAMI
BEACH
TULUM
GYPSET
HAVANA
BLUES

Assouline Travel From Home books, $95 each, assouline.com

111SKIN
111SKIN
111SKIN

111Skin The Jetsetter in Rose Gold, $30, 111skin.com

Khia Tullae The Bailey Panama hat, $300, khiatullae.com

Okay, fine, they're not gonna pack this on the plane. But to bring the beach to them, this e-bike is the moment.

Retrospec Beaumont Rev Electric City Bike Step Through, $1,200, retrospec.com

Found My Animal Noelle Cotton Rope Dog Leash, $64, foundmyanimal.com

Issey Miyake x United Nude Node Sandals, $365, us-store.isseymiyake.com

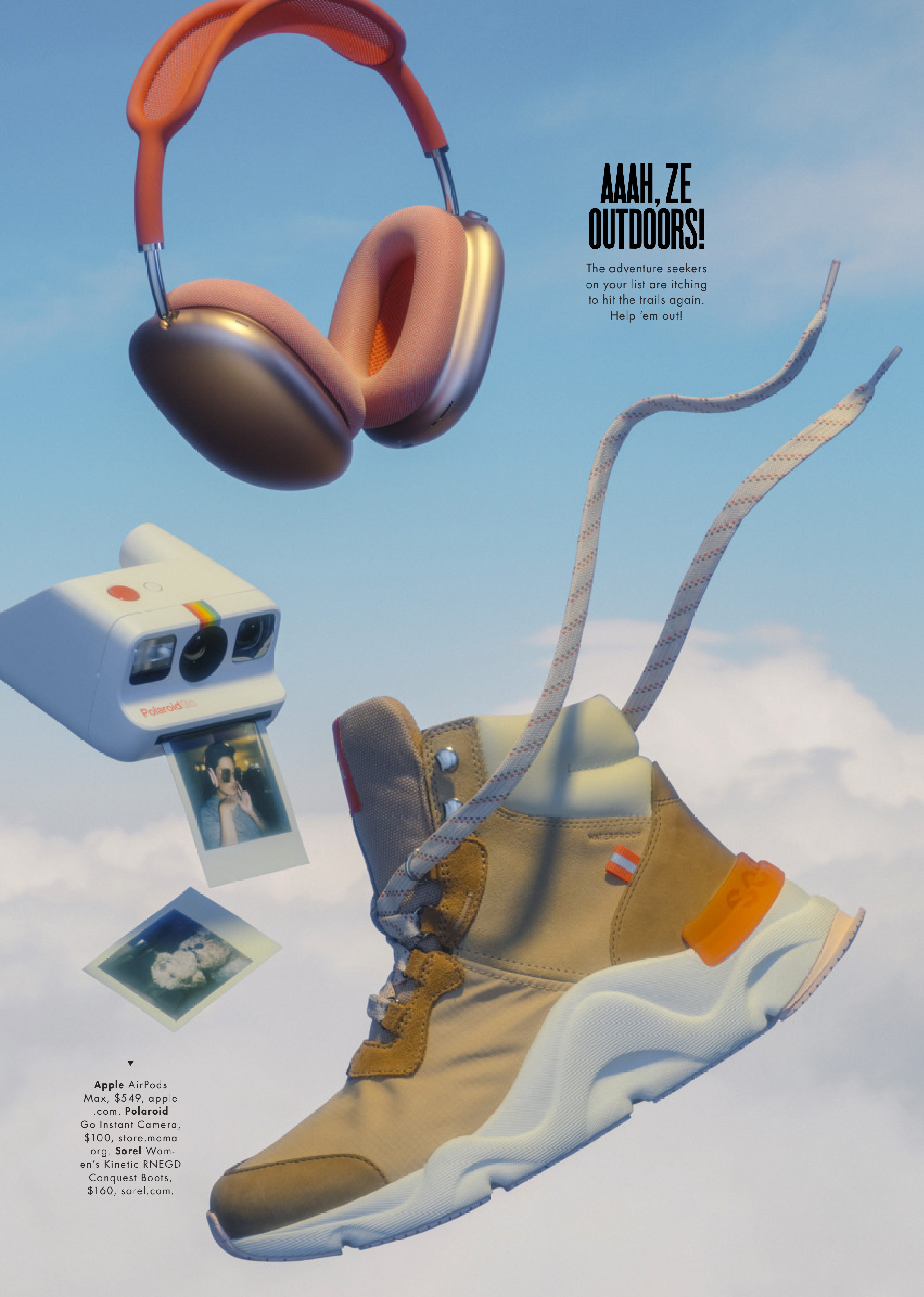
Alo Warrior Mat, $100, aloyoga.com

The Elder Statesman Spinner CC Terry Hoodie, $625, Spinner CC Terry Sweatshorts, $355, elder-statesman.com

Tower 28 Bronzino Illuminating Cream Bronzer, $20, tower28beauty.com

AAAH, ZE OUTDOORS!

The adventure seekers on your list are itching to hit the trails again. Help 'em out!



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Apple AirPods Max, $549, apple .com. **Polaroid** Go Instant Camera, $100, store.moma .org. **Sorel** Women's Kinetic RNEGD Conquest Boots, $160, sorel.com.

Bathing Culture Golden Hour Hydrosol in Cistus & Sage, $20, bathingculture.com

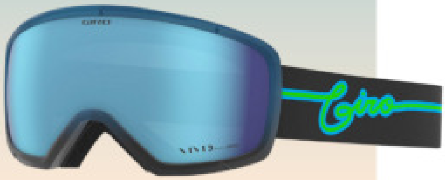
Is a designer snowboard necessary? Maybe not. Will everyone be envious of it? Yes.

Dior Men's Ski Capsule 2022 snowboard, $8,100, similar styles at dior.com

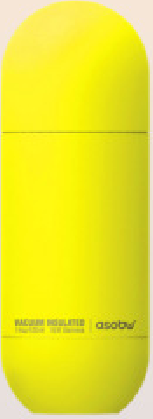
Grünbag Backpack Alden, $187, grunbag.eco

Roverlund Out-of-Office Pet Carrier, $159, amazon.com

G-Shock Baby-G watch, $130, gshock.com



Giro Ringo Goggle, $100, giro.com



Asobu Orb Insulated Water Bottle, $30, asobubottle.com

Therabody Theragun Mini Portable Massager, $199, therabody.com

Aveda x 3.1 Phillip Lim Blonde Revival Set, $49, aveda.com

SNOW PROBLEM

That après-ski/
fresh-powder life
is calling. Answer
with these.

▼

8 Moncler Palm Angels
Cropped Down Jacket,
$1,975, moncler.com.
Acne Studios Fuzzy Scarf,
$290, shopbop.com.

FORVR
mood
CUFFING
SEASON

Forvr Mood Cuffing Season Candle, $38, forvrmood.com

Fendi Embroidered Shearling and Wolf-Felt Earmuffs, $690, net-a-porter.com

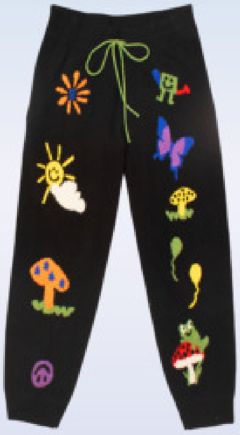
Soft Services
CAREA CREAM

Soft Services Carea Cream Daily Toning Lotion, $40, softservices.co

Daily Paper

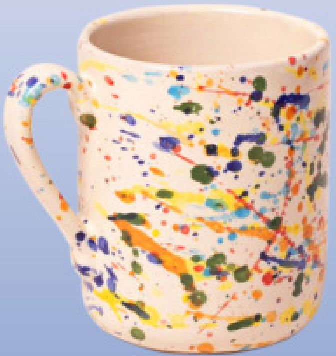
Daily Paper Washed Hocolls Hoody, $132, dailypaperclothing.com

Chloé x Moon Boot boots, $725, chloe.com



The Elder Statesman Psych Sweatpants, $1,895, elder-statesman.com

Juvia's Place The Taupes Eyeshadow Palette, $14, juviasplace.com



Mociun Coffee Mug, $55, mociun.com

Feet everywhere
are rejoicing just
looking at this
pic, honestly.

Loewe Shearling Slippers, $790, loewe.com

How to be a person who *doesn't* have a skin crisis when traveling

And 23 other on-the-road beauty hacks.

Words by LAUREN BALSAMO

Illustrations by JOHANNA GOODMAN

No,

it's not just you. Traveling definitely fucks with your skin. "Any change to your typical humidity, air quality, temperature, or sun exposure levels can lead to things like dryness, redness, and acne," says dermatologist Shari Marchbein, MD. Not to mention that skin can get super dry while on a plane and then compensate by overproducing oil, leaving your

PASSPORT
United States of America

face dehydrated but somehow also breaking out.

Plus—sorry!—rushing to the airport and then, you know, navigating the airport and then landing in an unfamiliar place can be just a wee bit stressful. "And stress increases inflammation and causes the hormone cortisol to spike, which can stimulate sebaceous glands and lead to breakouts," Dr. Marchbein says. Cortisol also gets unleashed by an erratic sleep schedule or vacation-y diet (hey, you *did* earn those frozen margs).

But deep breaths, friends. There's a solution to all this madness, and it's called this story. Read on to prevent ill-timed skin issues and get back to getting the most out of your trip.

Genuinely great advice from...you

Cosmo readers are so smart.

"I'm the queen of maskne, so I pack a tiny bottle filled with Paula's Choice 2% BHA Liquid and spray it on the inside of my mask before and during a long flight. It's amazing at preventing breakouts."

—Pia, 30

"Instead of bringing my whole foundation bottle, I squeeze a few pumps into the left and right sides of a contact lens case and throw it in my bag. Just the right amount for a long-weekend trip."

—Cristina, 31

"I use Maybelline Super Stay Matte Ink Liquid Lipstick in Seductress as my eyeshadow, blush, and lipstick—it's easy to pack and it never comes off, so you don't have to worry about touch-ups."

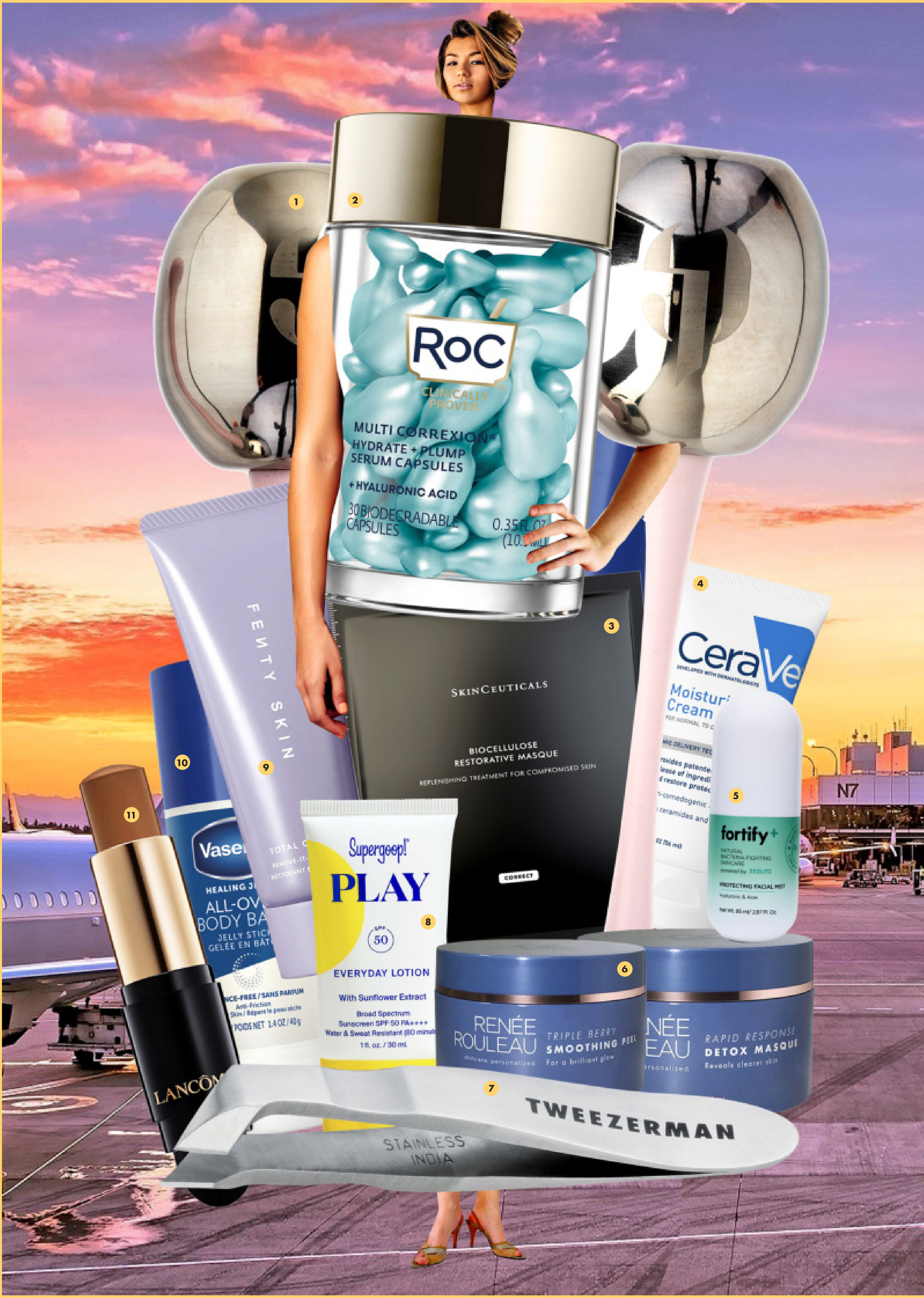
—Stephanie, 34

"I hoard all of those little scent strips that come in magazines and use them as fragrance on trips. It's so much easier than bringing full-size perfume with me."

—Hayley, 30

"Without fail, my shampoo and conditioner explode in my bag. So I unscrew the lids, cover the tops with plastic wrap, and then screw the lids back on. One hundred percent leakproof."

—Lindsay, 28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2
RoC
CLINICALLY PROVEN
MULTI CORREXION
HYDRATE + PLUMP SERUM CAPSULES
+ HYALURONIC ACID
30 BIODEGRADABLE CAPSULES
0.35 FL.OZ (10.5 ML)
3
SKINCEUTICALS
BIOCELLULOSE RESTORATIVE MASQUE
REPLENISHING TREATMENT FOR COMPROMISED SKIN
CORRECT
4
CeraVe
DEVELOPED WITH DERMATOLOGISTS
Moisturi
Cream
5
fortify+
NATURAL BACTERIA-FIGHTING SKINCARE
PROTECTING FACIAL MIST
N7
9
FENTY SKIN
TOTAL
10
Vaseline
HEALING JELLY
ALL-OVER BODY BALM
JELLY STICK
GELÉE EN BÂTON
FRAGRANCE-FREE / SANS PARFUM
POIDS NET 1.4 OZ / 40 g
11
LANCÔME
Supergoop!
PLAY
SPF 50
EVERYDAY LOTION
With Sunflower Extract
Broad Spectrum Sunscreen SPF 50 PA++++
Water & Sweat Resistant (80 minutes)
1 fl. oz. / 30 ml
8
6
RENÉE ROULEAU
TRIPLE BERRY SMOOTHING PEEL
For a brilliant glow
RENÉE ROULEAU
RAPID RESPONSE DETOX MASQUE
Reveals clearer skin
7
TWEEZERMAN
STAINLESS INDIA

What to pack to prevent (or fix) a skin freak-out

1

Hangover face, rosacea flares, dark circles, allergic reactions...correct it all with these little globes that increase circulation, reduce puffiness, and take down redness. Stash them in the freezer or the hotel fridge so they're nice and cold when you're ready to use them.

Georgia Louise Cryo Freeze Tools, $130

2

These biodegradable serum capsules are filled with hyaluronic acid to draw moisture to the skin and leave your face smooth and plump. Use them before you fly (remember, hydration is key!) and then twice daily on your trip for peak glow.

RoC Multi Correxion Hydrate + Plump Serum Capsules, $33 for 30

3

You fell asleep on the beach sans SPF (hi, see number 8 on this list) and now your face is...yeah. This sheet mask is made with a jellylike biocellulose material that pulls heat and redness from skin while infusing it with hydration.

SkinCeuticals Biocellulose Restorative Masque, $120 for 6

4

Almost all skin types can use this face and body lotion after flights to stay hydrated. The formula is super basic (in the best possible way) and free of ingredients that cause irritation or clog pores.

CeraVe Travel Size Moisturizing Cream, $5.50

5

It's basically a sanitizing spray for your face and a must-use before you get on a plane or any other form of public transit. An ingredient called zeolite stops pathogens and bacteria—like *E. coli* and *P. acnes*—from multiplying on your skin.

Fortify+ Protecting Facial Mist, $8

6

To get your skin back on track post-flight, apply this peel (it uses a cocktail of exfoliating acids to nix dead skin cells and buildup) and then mask immediately after (it helps kill bacteria, restore hydration levels, and soothe inflammation).

Renée Rouleau Rapid/Peel Duo, $154

7

These bbs keep your cuticles looking ~fresh~, yes, but they're also clutch for removing rogue flakes from your face, pulling scabby skin off a pimple (gross, but IYKYK), or even cutting a tag off a dress.

Tweezerman Mini Cuticle Nippers, $12

8

Whether you're going to Vail or Tulum or your weird random cousin's house, daily SPF is still a must. This lightweight one is moisturizing, water-resistant, and safe for your face and body.

Supergoop! Play Mini SPF 50 Everyday Lotion, $22

9

Of course, washing your face is a no-brainer way to avoid breakouts. This cute lil cleanser makes it easy by removing makeup (even the waterproof kind), buildup, and excess oil in one quick step.

Fenty Skin Mini Total Cleans'r Remove-It-All Cleanser, $14

10

Lips, cuticles, eyelids, knees—anything that's cracked and dry can be soothed with this multipurpose balm. If you have *super*-dry skin or you're traveling to a cold, dry climate, you can use a thin layer on top of your face lotion to lock in moisture.

Vaseline All-Over Body Balm, $6

11

If and when a skin meltdown happens anyway, this will be your savior. The cream formula won't spill in your bag, comes in a convenient twist-up stick, covers everything from dark circles to hyperpigmentation, and has a built-in blending brush for easy application.

Lancôme Teint Idole Ultra Wear Foundation Stick, $43

Do you really need a whole in-flight skincare routine?

Dry cabin air sucks the moisture out of your skin, and UVA light (the kind that causes premature aging or even cancer) at high altitudes puts you at risk for skin damage, says Dr. Marchbein—so, yes. Before your flight, use a cleanser, load up on moisture, and then slather on SPF 50 or more. And while you're in the air, drinking lots of water (ideally eight ounces for every hour) and using hydrating mists and sheet masks will have you deplaning like a little angel.

6 easy tricks for when you forget your...

PIMPLE PATCHES

Buy Band-Aid Hydro Seal All Purpose Bandages, $5, from a drugstore, cut them up into tiny squares, and pop one on a zit. They're made with the same hydrocolloid material as regular pimple patches.

EYE MAKEUP REMOVER

Put a bit of fragrance-free body cream on a tissue and gently run it along your lids and lash lines. The lotion's oils will dissolve your liner, mascara, and shadow.

ACNE TREATMENT

Get some plain Greek yogurt and use it as a 15-minute face mask. It's anti-inflammatory and full of good bacteria to calm down your skin.

SHAVING CREAM

Use your hotel's random hair conditioner instead—it's likely made with some of the same softening ingredients.

HIGHLIGHTER

That Vaseline you packed? Swipe a little on your cheekbones, down the bridge of your nose, and on your Cupid's bow for a bit of shimmer.

COLOR CORRECTOR

Dab eye drops (like Bausch + Lomb Lumify Redness Reliever Eye Drops, $15) on an angry breakout—the active ingredient that reduces redness in your eyes can help reduce it on and around a breakout too.

FOR SHOPPING INFORMATION, GO TO COSMOPOLITAN.COM.

In my nightstand

Harlem star **Meagan Good** has everything she needs to start her morning… if she ever gets to bed.

By TAMARA FUENTES

My overall nightstand vibe
It's full of surprises!

What's on top
I'm really big on lists, so a list of what I need to do the next day. And an overwhelming amount of vitamins. It's how I make sure I don't forget to take them in the morning.

My snack sitch
Right now, a Starburst and a Kit Kat. But I tend not to keep food nearby because usually I will have already flossed and put my Invisalign in.

What I steal from my partner's side
Most often, I am stealing my own phone charger back!

And what I wouldn't want my mom to find
My hubby, DeVon Franklin, is on top of everything, if you know what I mean.

My bedtime TV habit
I'm a night owl, so I could stay up until 5 a.m. watching. I have to make an executive decision to get my butt to sleep.

When it comes to alarms…
This is terrible, but I set three. And my ringer is Mary Mary's "Get Up." The lyrics are really motivating.

MUST WATCH
The Amazon Prime Video comedy series *Harlem* premieres December 3.

DEWAYNE ROGERS. RETOUCHER: BELLA ORTIZ. MAKEUP: JORGE MONROY. STYLIST: JEREMY HAYNES.

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